

2025 George Washington Ball Dance Instructions

Barham Down **longways duple minor IMPROPER** **Playford 1701**
3/2, D

- A1 1-4 1s cast down and face down **while** 2s lead up and face up to meet new neighbors. New neighbors arm right once round on the side of the set, then partners left-hand turn halfway to change sides
- A2 1-4 Repeat A1: 2s (now above and improper) cast down **while** 1s (below and proper) lead up, new neighbors arm right once round, partners left-hand turn halfway to change sides (all end in original home places)
- B1 1-4 1s cross by the left and cast down (as 2s move up), 1s half-figure 8 up through the 2s and come up between them into a line of 4 facing up
- B2 1-4 Line of 4 lead up 3 steps, fall back 3 steps; 2s assist 1s in the middle to cast off to progressed places

The Bashful Swain **longways duple minor** **Playford 1728**
2/2, Dm

- A1 1-4 1s set and cast down (2s moving up)
- A2 1-4 2s set and cast down (1s moving up)
- B1 1-4 1st corners cross; 2nd corners cross
- 5-8 Circle 4 halfway; 1s cast down as the 2s lead up
- B2 1-8 Dance 4 changes of rights and lefts

Bloomsberry Market **3-couple longways set** **Playford 1703**
2/2, G

- A1 1-2 1st man right-hand turn 2nd woman once round; 1st man finishes by turning out over his left shoulder ready for . . .
- 3-4 1st man and 2nd man left-hand turn once and a half to change places
- 5-6 1st man and 3rd man right-hand turn once and a half to change places; 1st man end in 3rd place facing out
- 7-8 1st man dance up the outside back to place as 2nd and 3rd men dance down the middle back to places (turning over right shoulders)
- A2 1-2 1st woman left-hand turn 2nd man once round; 1st woman finishes by turning out over her right shoulder ready for . . .
- 3-4 1st woman and 2nd woman right-hand turn once and a half to change places
- 5-6 1st woman and 3rd woman left-hand turn once and a half to change places; 1st woman end in 3rd place facing out
- 7-8 1st woman dance up the outside back to place as 2nd and 3rd women dance down the middle back to places (turning over left shoulders)
- B1 1-4 2s start heys across at the ends: 2nd man heys with the 3s (passing 3rd woman by the left to begin) as 2nd woman heys with the 1s (passing 1st man by the left to begin)

- 5-6 1s lead down through the 2s and cast back to place
- 7-8 All two-hand turn partner once around
- B2 1-4 2s start heys across at the other ends: 2nd man hey with the 1s (passing 1st woman by the right to begin) as 2nd woman heys with the 3s (passing 3rd man by the right to begin)
- 5-6 1s cast to 3rd place as 2s and 3s meet and lead up
- 7-8 Partners two-hand turn once around

Ely Waltz
3/4

circle mixer

Colin Hume 2006

- A1 1-8 Circle left and circle right
- A1 1-3 Right-hand turn partner once round
- 4 Pass partner right shoulder to meet the next (person 2)
- 5-7 Left hand turn person 2 once round
- 8 Pass person 2 left shoulder to meet new partner
- B1 1-4 With new partner, take right hand in right: balance forward and back and change places as in Duke of Kent's Waltz
- 5-8 With new partner, balance and then petronella turn to the right so men are inside the circle with their backs to the center and women are outside the circle facing this partner
- B2 1-4 Partners back-to-back
- 5-8 Partners waltz counterclockwise around the circle

Good Man of Cambridge
2/2, Am

longways duple minor

Gary Roodman 1992

- A1 1-4 Circle 4 once round to the left
- 5-8 1st corners cross, 2nd corners cross
- A2 1-8 Repeat A1 from these new positions, ending in original places
- B 1-4 1s (short) lead down the center; lead back to place
- 5-8 2s (short) lead up the center; lead back to place
- 9-16 2s cast up and then dance a half figure 8 down, ending in the middle of a line of 4 facing down; MEANWHILE, 1s (following the 2s) lead down and then cast up into a half figure 8, ending on the ends of a line of 4 facing down. (The men will be on the left end of the line, the women will be on the right.)
- C1 1-4 Line of 4 lead down a double and fall back; all turn individually to face up
- 5-8 Line of 4 lead up a double and fall back, bending the line into a circle
- C2 1-4 1s cross, cast, and face up, WHILE the 2s turn halfway and lead up
- 5-8 1s gate the *next* 2s up and around into progressed place

The Happy Marriage
6/8, Dm

longways duple minor

Playford 1696

- A1 1-4 1st man cast to 2nd place (2nd man moving up)
5-8 1st couple (on the 2nd diagonal) dance left shoulder round each other
A2 1-4 1st woman cast to 2nd place (2nd woman moving up)
5-8 1st woman and 2nd man (on the 1st diagonal) dance right shoulder round each other
B 1-4 Right hand star halfway; turn single left
5-8 Left hand star halfway; turn single right
9-16 1s dance a full figure 8 up through the 2s

B bars 9-16 may be danced as a double figure 8.

Jack's Health
6/8, Am

longways duple minor

Playford 1686

- A1 1-4 1s cross and cast down (2s moving up)
5-8 1s 2-hand turn once round (ending improper facing neighbor)
A2 1-4 Neighbors back-to-back, end facing partner
5-8 Taking hands on the side, fall back a double and set
B1 1-2 Come forward a double
3-4 "Cloverleaf" turn single (men turn left, women turn right)
5-8 Facing partner, begin four changes of rights & lefts
B2 1-4 Finish the rights & lefts
5-8 Partners two-hand turn to own side (2s turn once round, 1s turn once-and-a-half)

Minuet

1-couple

Gail & Lee Ticknor, interp.

A simplification of "Minuet Ordinaire," attributed to Rameau

- 4 bars Introduction: Honor the Presence; Honor partner
8 bars Facing Presence with inside hands joined, take two minuet steps forward and two steps to turn halfway (man backing up)
8 bars Take two minuet steps forward (away from Presence) and two steps to turn halfway (man backing up) and move to ends of "Z"
8 bars Take one minuet step to the left along leg of "Z", two steps across diagonal of "Z" (passing partner by right shoulder), one step to the right along other leg of "Z"
8 bars Retrace "Z" to starting position
16 bars Right-hand turn 4 minuet steps; left-hand turn 4 minuet steps
16 bars Repeat first figure: lead up, turn halfway, lead down, turn ending at ends of "Z"
16 bars Repeat "Z" figure
16 bars Two-hand turn clockwise 4 minuet steps and counterclockwise 4 minuet steps
4 bars Coda: Honor Presence; Honor partner

Mrs. Savage's Whim
3/2, Bm

longways duple minor

Playford 1710

- A1 1-2 1st man (without moving forward) step and honor the 2nd woman
3-4 1st man two-hand turn the 2nd man
5-6 1s back-to-back
7-8 1s turn single
A2 1-2 2nd woman (without moving forward) step and honor the 1st man
3-4 2nd woman two-hand turn the 1st woman
5-6 2s back-to-back
7-8 2s turn single
B 1-2 1s cross and cast down as the 2s meet and lead up
3-4 Partners back-to-back
5-7 1s half figure 8 up through the 2s
8 1s turn single down and away from each other to progressed place

New Long Room at Scarborough
9/8, G

longways duple minor

Johnson 1748

- A1 1-4 1s cast down (2s moving up) and 1s two-hand turn once round
A2 1-4 2s cast down (1s moving up) and 2s two-hand turn once round
B1 1-4 1st corners set and two-hand turn once round
B2 1-4 2nd corners set and two-hand turn once round
C1 1-4 1s lead down the middle for 3 steps, lead up for 3 steps, and cast to 2nd place (2s moving up)
C2 1-4 Dance 4 changes of rights & lefts

News from Tripoli
3/2, Bb

longways duple minor

Playford 1702

- A1 1-2 1st man and 2nd woman cast into neighbor's place (2nd corners moving/up down to progressed place)
3-8 1st man and 2nd woman pass left shoulder in the middle, dance clockwise around partner, pass right shoulder in the middle, and dance counterclockwise around neighbor, completing a figure 8 on the diagonal. All end in progressed place
A2 1-2 2nd man and 1st woman cast into neighbor's place (neighbors moving up/down to original position)
3-8 2nd man and 1st woman pass left shoulder in the middle, dance clockwise around partner, pass right shoulder in the middle, and dance clockwise around neighbor. All end home
B1 1-4 Right hands across (6 counts) and left hands across (6 counts)
5-8 Three changes of a circular hey
B2 1-6 1s lead down through the next 2s below and cast up around them, then 1s lead up through original 2s and cast down to progressed place
7-8 Partners two-hand turn once round

The Pursuit
2/2, Em

longways duple minor

Playford 1713

- A1 1-8 1st man heys with the women (passing 2nd woman by the right shoulder to begin). At the end of the hey, 1st man returns through own place and goes behind 2nd man to 2nd place (as 2nd man moves up)
- A2 1-8 1st woman heys with the men, (passing partner in 2nd place by the left shoulder to begin) then returns through own place and goes behind 2nd woman to 2nd place (as 2nd woman moves up)
- B1 1-8 1s lead down through the next neighbors and cast back up **while** 2s dance up the outside past the next neighbors, come in to meet and lead back down.
All two-hand turn partner once round
- B2 1-8 1s dance a figure 8 up through the 2s above

Note: A double figure 8 is optional in B2.

The Ragg
6/8, D

longways duple minor

Neal 1726

- A1 1-8 1s cross and cast (2s moving up); 1s two-hand turn once and a half round to end proper
- A2 1-8 2s cross and cast (1s moving up); 2s two-hand turn once and a half round to end proper
- B1 1-8 All dance right hands across and left hands across
- B2 1-4 Facing partner, all set twice
5-8 Beginning with partner dance 3 changes of a circular hey

The Severn Bore
3/4, Dm

longways duple minor

Fried de Metz Herman 1997

- A1 1-4 1st man, moving forward, set right to 2nd woman and left to 1st woman; 1st man turn single back to place
5-8 Those three circle left once round, releasing hands early to dance out to place (12 counts)
- A2 1-4 1st woman, moving forward, set right to 1st man and left to 2nd man; 1st woman turn single back to place
5-8 Those three circle left once round, releasing hands early to dance out to place (12 counts)
- B1 1-4 1s meet and face down (1 bar), and then lead down with inside hands joined, turning in to face up at the end of bar 4, **WHILE** the 2s cast up one place to meet in the center above their 1s (2 bars) and, facing down with inside hands joined, follow the 1s down the center (2 bars)
5-6 1s lead up with inside hands joined **WHILE** the 2s, still facing down, fall back
7-8 Neighbors mirror shoulder turn about 3/4 (2s splitting the 1s) to end in a line of 4

with the 1s in the center facing out and the 2s on the ends facing in:
top of room

M2 M1 W1 W2
→ ← → ←

- B2 1-6 Straight hey for 4, neighbors start by passing right shoulder*
7-8 2s come out of hey into progressed place; 1s left-hand turn out of hey into progressed place

*Note: ladies will have to switch shoulders to go from their left shoulder turn into the hey

Six for the Six Proud Walkers longways duple minor IMPROPER **Fried de Metz**
2/2, D **Herman 1994**

- A1 1-2 Circle 4 left halfway
3-4 Neighbors fall back (inside hands joined)
5-8 1s gate up through the 2s
A2 1-4 Circle 4 left halfway and neighbors fall back (inside hands joined)
5-8 2s gate up through the 1s.
B1 1-4 Beginning with partner, dance 2 changes of rights & lefts
5-8 Partners two-hand turn once and a half round, end facing up
B2 1-8 Dance a double figure 8, 2s casting down and 1s crossing up to begin

Note: the choreographer specifies a skip-change or skipping step for the double figure 8

South Wind **4-couple square** **Lou Vosteen 2002**
3/4, G

- A1 1-4 Heads, holding near hands, balance in turning toward partner and then balance away to face the center of the set; take two slow sideways chassé steps to change places (right-hand person passing in front of partner)
5-8 Heads separate to dance half figure 8s out through the sides ending in opposite place (proper)
A2 1-8 Sides repeat A1
B1 1-4 All circle 8 halfway
5-6 All four women dance right-hands across halfway
7-8 All left-hand turn opposite about 3/4 to end facing corner*
B2 1-4 All right shoulder back-to-back with corner
5-8 Still facing corner, take inside hands (men's right, women's left) and balance forward and back; men stay in place while women turn counterclockwise under raised arms coming across in front of men to end next to men in new position (women have moved one place clockwise around the set)

Repeat 3 more times.

*Note: the left-hand turn is an open turn, not a "courtesy" turn.

Trip to Tunbridge
2/4, Em

3-couple longways set

Preston 1793

- A1 1-8 1s cast down to the bottom of the set, "take a peek," and cast back to the top
A2 1-8 1s lead down the center (1-4), skip back to the top and cast off into 2nd place (as 2s move up on bars 7-8)
B1 1-4 1s pass right shoulder to right-hand turn 1st corner (M1 with W3, W1 with M2)
5-8 1s pass right shoulder in the middle to right-hand turn 2nd corner (M1 with W2, W1 with M3); 1s pass by the right shoulder to face out on own side (as 2s and 3s face out)
B2 1-4 Lines lead out on the sides and fall back, then all turn around abruptly to face partners
5-8 2s two-hand turn at the top WHILE 1s and 3s quick two-hand turn with partner and the 1s cast to the bottom as the 3s lead up

Turn of the Tide
3/4, G

longways duple minor IMPROPER

Ron Coxall 2002

- A1 1-4 Circle left half; Partners two-hand turn half
5-8 2s lead down through 1s and cast back up to 1st place
A2 1-4 Circle left half; Partners two-hand turn half
5-8 1s lead down through 2s and cast back to 1st place
B1 1-4 1s lead down set (holding near hands); turn in towards each other (changing hands) and continue backing down the set
5-8 1s lead up the set; turn in and continue backing up the set
B2 1-8 Turn of the Tide pousette:
1-2 Taking two hands with partner dance straight out of the set, men moving forward
3 Retaining hands, Men move ¼-turn clockwise while women pivot in place to face partner up & down the set
4 Women move ¼-turn clockwise while men pivot in place to face partner across the set)
5-6 Men moving forward, dance straight into set (in progressed place)
7-8 Partners two-hand turn half, opening into circle with next couple

Wakefield Hunt
6/8, G

longways triple minor, triple progression

Thompson 1779

- A1 1-8 1st man cast, 2nd man moving up. 1st man set to and two-hand turn 3rd woman, 1st man ending in 2nd place
A2 1-8 1st woman does the same, setting to and turning 3rd man
B1 1-8 Circle 6 to the left and right (slipping step)
B2 1-8 1s gate down through 3s and then gate up through the 2s
C1 1-8 1s dance a right-hand star with the 3s and then a left-hand star with the 2s
C2 1-8 1s and 3s dance 3 changes of rights & lefts. 1s cast down below the next couple,

who move up to become 3s in the set above

Note: There is no “standing out” at the top; dancers immediately become active 1st couples upon arriving at the top of the set.

Well Donne
6/8, D

longways duple minor

Jenna Simpson 2019

- A1 1-4 All set to partner; 1s cast down as 2s lead up
5-8 Skipping step: 1s dance down between the 2s below and cast back up to 2nd place
- A2 1-4 All set to partner; 2s cast down as 1s lead up
5-8 Skipping step: 2s dance down between the 1s below and cast back up to 2nd place
- B1 1-2 In long lines on the side, lead forward a double
3-4 As lines fall back, 1s (above) roll away the 2s (below) to change places
5-8 2s (now above) gate the 1s in and around once and a quarter to form a line of 4 facing up (1s in the center, 2s on the outside, all proper)
- B2 1-4 Line of 4 lead up a double and fall back, bending the line
5-8 Partners two-hand turn, ending proper (cross-hand buzz swing recommended)

The Young Widow
6/8, G

longways triple minor

Griffiths 1788

- A1 1-8 1s and 2s dance a right-hand star and then a left-hand star
- A2 1-8 1s lead down the center, turn as a couple, lead up, and cast into 2nd place on opposite sides
- B1 1-4 Taking hands on the sides, all set twice
- B2 1-4 Circle 6 halfway; end with 1s on the sidelines and the 2s and 3s facing each other up and down inside the set
- C 1-4 2s and 3s set twice
5-8 2s and 3s dance 2 changes of rights & lefts, beginning with neighbor