# 2024 George Washington Ball Dance Instructions 



| A1 | $1-8$ | $1^{\text {st }}$ corners set forward and fall back to place; $1^{\text {st }}$ corners 2-hand turn |
| :--- | :--- | :--- |
| A2 | $1-8$ | $2^{\text {nd }}$ corners set forward and fall back to place; $2^{\text {nd }}$ corners 2-hand turn |
| B1 | $1-4$ | $1^{\text {st }}$ corners cross (4 counts); $2^{\text {nd }}$ corners cross |
|  | $5-8$ | 1s half figure 8 up through the 2 s |
| B2 | $1-4$ | 2s half figure 8 down through the 1 s |
|  | $5-8$ | Partners 2-hand turn |

## Hambleton's Round-O Longways triple minor Playford 1713

$3 / 2$, Cm
A $\quad 1-6 \quad 1 \mathrm{~s}$ cast to $2^{\text {nd }}$ place ( 2 s move up) and dance left shoulder heys for 3 across the set, M1 with the 3 s and W1 with the 2 s
7-8 1 s (in $2^{\text {nd }}$ place) 2-hand turn once round
B $\quad 1-2 \quad \mathrm{~W} 1$ and M2 change by the right shoulder; M1 and W2 change by the right shoulder
3-4 1 s and 2 s circle 4 halfway and turn single
C $\quad 1-4 \quad$ Beginning with partner, 1 s and 2 s dance 4 changes of a circular hey
Heidenröslein
4-couple square
Pat Shaw 1970
3/4, G
A 1-8 Partners right-hand turn once round; corners left-hand turn once round
9-12 Men dance right-hands across three-quarters round
13-16 Women dance left-hands across three-quarters round. All are in square formation, proper
B 1-4 Men take 2 chasse steps to the right behind women, who take 2 chasse steps to the left, then step and honor that person
5-8 Turning away from that person (men face counterclockwise, women face clockwise), dance 2 changes of a grand chain (starting with right hand, and passing original partner with left hand)
9-12 With the next person (new partner), waltz to the man's original place
Repeat 3 more times
The Hop Ground Longways duple minor Preston 1794

6/8, D
A1 1-8 1s set twice to W2; those three circle left once round
A2 $\quad 1-8 \quad 1$ s set twice to M2; those three circle left once round
B1 $\quad 1-4 \quad 1 \mathrm{~s}$ cross and cast
5-8 1s 2-hand turn 11/2
B2 1-8 Four changes of rights and lefts round to face partner (ending in partner's original place)
A2 1-8 Partners set and turn single; partners pass by the right shoulder and 2-hand turn the next person once round to face partner again (ending in original places)
B1 1-8 Partners right-hand turn once round and left-hand turn once round
B2 1-4 Partners dance back-to-back along the circle
5-8 Starting with partner, dance 3 changes of a grand chain along the circle to meet the fourth person (new partner)

Jack by the Hedge
Longways duple minor
Jan Dale
6/8, C
A1 1-4 Partners right-hand turn $1 / 2$; keeping hands (W facing up, M facing down) all set towards and away from partner
5-8 Partners right-hand turn $1 / 2$ back to place; keeping hands (W facing down, M facing up) all set towards and away from partner
A2 1-4 All dance forward a double (single file, W down, M up) and loop left to head back towards partner
5-8 All dance forward a double in the other direction (W up, M down) and loop right to face partner
B1 1-4 $1^{\text {st }}$ corners set, pull back right shoulder to end back to back in the middle
5-8 $\quad 2^{\text {nd }}$ corners the same
B2 1-4 All spiral out single file to the right to finish halfway around the set, facing partner (progressed \& improper)
5-8 All set to partner, cross by the right shoulder and turn right to face in
Kneeland Romp
3-couple longways set Gary Roodman 1987
G, $2 / 4$
A1 $\quad 1-4 \quad 1 \mathrm{~s}$ cast down into $2^{\text {nd }}$ place, 2 s moving up
5-8 $\quad 1 \mathrm{~s}$ and 3 s circle left once around
A2 $\quad 1-4 \quad 1 \mathrm{~s}$ cast up into $1^{\text {st }}$ place, 2 s moving down
5-8 $\quad 1 \mathrm{~s}$ and 2 s circle left once around
B1 1-8 1 s lead down the middle and back, then cast into $2^{\text {nd }}$ place
9-12 All take hands along the lines, set moving forward and turn single back to place
B2 1-4 TURN AT THE TOP: couple in $1^{\text {st }}$ place right-hand turn once around while bottom two couples face partners for 2 changes of rights and lefts
5-8 TURN AT THE BOTTOM: couple now in 3 rd place right-hand turn once around while top two couples face partners for 2 changes of rights and lefts
9-12 TURN AT THE TOP: couple now in $1^{\text {st }}$ place right-hand turn once around while bottom two couples face partners for 2 changes of rights and lefts

Repeat dance twice more.


## The Lord Mayor's Delight Longways duple minor Playford 1696

3/4, F
A1 1-4 M1, moving towards partner to start, cast into $2^{\text {nd }}$ place (12 counts); M2 move up on bars 3-4
5-8 M1 and W2 dance back-to-back (12 counts) straight across the set
A2 $\quad 1-4 \quad \mathrm{~W} 1$, moving towards M 2 to start, cast into $2^{\text {nd }}$ place (12 counts); W2 move up on bars 3-4
5-8 W1 and M2 dance back-to-back (12 counts) on the $1^{\text {st }}$ diagonal
B1 1-4 Facing into the center, all set just to the right, then circle 4 to the left halfway, finishing close to and facing partner
5-6 Retaining hands with neighbor, fall back 6 steps
7-8 All turn single (staying in place)
B2 1-4 Partners cross passing right shoulder and loop right to face in
5-6 All set to partner
7-8 1s cast down as 2 s lead up

Mile of Smiles
Longways duple minor Joseph Pimentel 2012
$2 / 2$, C
A1 $\quad 1-8 \quad 1^{\text {st }}$ corners set forward, turn single back to place, and 2-hand turn
A2 $\quad 1-8 \quad 2^{\text {nd }}$ corners set forward, turn single back to place, and 2-hand turn
B $\quad 1-4 \quad \mathrm{~W} 1$, followed by partner, cast down and dance across the set to end with 1 s in $2^{\text {nd }}$ place improper; 2 s move up on bars 3-4
5-8 Neighbors right-hand turn once round
9-12 W2, followed by partner, cast down and dance across the set to end in $2^{\text {nd }}$ place improper; 1s move up on bars 11-12
13-14 All star right halfway (ending progressed and proper)
15-16 All turn single left

A simplification of "Minuet Ordinaire," attributed to Rameau

| 4 bars | Introduction: Honor the Presence; Honor partner |
| :---: | :---: |
| 8 bars | Facing Presence with inside hands joined, take two minuet steps forward and two minuet steps to turn halfway (man backing up) |
| 8 bars | Take two minuet steps forward (away from Presence) and two to turn halfway (man backing up) moving to ends of "Z" |
| 8 bars | Take one minuet step to the left along leg of " $Z$ ", two steps across diagonal of "Z" (passing partner by right shoulder), one step to the right along other leg of " Z " |
| 8 bars | Retrace "Z" to starting position |
| 16 bars | Right-hand turn 4 minuet steps; left-hand turn 4 minuet steps |
| 16 bars | Repeat first figure: lead up, turn halfway, lead down, turn ending at ends of " $Z$ " |
| 16 bars | Repeat "Z" figure |
| 16 bars | Two-hand turn clockwise 4 minuet steps and counterclockwise 4 minuet steps |
| 4 bars | Coda: Honor Presence; Honor partner |

Mr. Beveridge's Maggot
3/2, Gm

Longways duple minor

A1 1-2 1 s cross over passing right shoulder, falling back on last 3 steps (as in "Hole in the Wall")
3-4 1s facing down, dance a right-shoulder back-to-back with neighbor (6 counts)
A2 1-4 1s turn single ( 3 counts), turn neighbor by the right hand once round ( 6 counts), and 1 s cross back to own side by the left hand ( 3 counts)
B 1-2 1 s cross by the left and cast down WHILE the 2 s meet and lead up
3-4 1s dance back-to-back and end facing up in the middle of a line of 4 (1s are improper) WHILE 2s cast to the end of the line of 4 ( 2 s are proper)
5-8 Line lead up three steps and fall back; 1 s cross up and cast off WHILE the 2 s meet and lead up to progressed place

Peace Be With You Longways duple minor Fried de Metz Herman 1986 2/2, Am

A1 $\quad 1-4 \quad 1^{\text {st }}$ corners set (in place) and cross by the right shoulder
5-8 Right-hand star halfway and all turn single left
A1 $\quad 1-4 \quad 2^{\text {nd }}$ corners set and cross by the right shoulder
5-8 Right-hand star halfway and all turn single left
B1 1-4 Beginning with partner, dance 2 changes of rights and lefts
5-8 Partners 2-hand $11 / 2$, opening into ...
B2 1-2 Circle 4 halfway
3-4 Retaining hands with neighbor, fall slightly back on the sides
$5-8 \quad 2 \mathrm{~s}$ gate the 1 s up and around into $2^{\text {nd }}$ place

A1 1-8 M1 cross diagonally down the center to hey with the two women (passing W2 by the right to begin), all end home
A2 1-8 W1 cross diagonally down the center to hey with the two men (passing M2 by the left to begin), all end home
B $\quad 1-4 \quad 1 \mathrm{~s}$ cross and cast ( 2 s meet and lead up); 1 s half figure 8 up through the 2 s
5-8 Dance 4 changes rights and lefts
Prince William
3-couple longways set
Walsh 1731
$2 / 2$, A

A1 1-8 1s cross down to hey on opposite sides
A2 1-8 1 s cross down to hey on own sides
B1 $1-8 \quad 1 \mathrm{~s}$ cross and cast, 2 s move up; 1 s 2 -hand turn $1 \frac{1}{2}$ to end proper
B2 $1-8 \quad 2 \mathrm{~s}$ cross and cast, 1 s move up; 2s 2 -hand turn $11 / 2$ to end proper
A3 1-4 M1 (passing in front of partner) right-hand turns W3 while W1 right-hand turns M2 (W2 step up, M2 ends turn in $1^{\text {st }}$ place)
5-8 1 s left-hand turn partner in the middle to face $2^{\text {nd }}$ corners
A4 $\quad 1-4 \quad 1$ s turn $2^{\text {nd }}$ corners by the right hand
5-8 1 s turn partner by the left hand to end facing out the women's side, W1 on her partner's right
B3 1-8 1s lead out the women's side and cast back to the middle, 1s 2-hand turn $11 / 2$ to end facing out the men's side, W1 on her partner's right
B4 $\quad 1-8 \quad 1 \mathrm{~s}$ lead out the men's side and cast back to the middle, 1 s 2 -hand turn to the bottom as 3 s dance up the outside to middle place

A1 1-2 1 s cross and cast down as 2 s meet and lead up the middle
3-4 1 s lead down through the next 2 s below and cast back to $2^{\text {nd }}$ place, WHILE the 2 s separate, move up the outside (around the 1 s leading down), and come in to meet and lead back down the center to $1^{\text {st }}$ place
5-8 Original 1s and 2s circle left halfway; 1s cast down as the 2 s lead up
A2 1-2 Repeat A1 with reversed roles: 2 s cross and cast down as 1 s meet and lead up
3-4 2 s lead down through the next 1 s below and cast back to $2^{\text {nd }}$ place, WHILE the 1 s separate, move up the outside (around the 2 s leading down), and come in to meet and lead back down through the center to $1^{\text {st }}$ place
5-8 Original 1 s and 2 s circle left halfway; 2 s cast down as the 1 s lead up
B $1 \quad 1$ st corners ( $2^{\text {nd }}$ man and $1^{\text {st }}$ woman in $1^{\text {st }}$ corner positions) change ( 3 steps)
2 2nd corners change ( 3 steps)
3-4 Circle left halfway
5-8 1 s cast down and 2-hand turn halfway WHILE the 2s 2-hand turn $11 / 2$ moving up

| A1 | 1-4 | Half poussette clockwise |
| :---: | :---: | :---: |
|  | 5-8 | $2^{\text {nd }}$ corner dancers (in $1^{\text {st }}$ corner position) right-hand turn once round |
| A2 | 1-4 | Half poussette clockwise |
|  | 5-8 | $1^{\text {st }}$ corners right-hand turn once round |
| B1 | 1-4 | Interlocking loops: |
|  |  | 1-2 $\quad 1^{\text {st }}$ corners cast into neighbor's place (facing in) WHILE $2^{\text {nd }}$ corners loop left shoulder around each other into own neighbor's place on the side (facing out), flowing into . . . |
|  |  | 3-4 Neighbors (on the side) dance left shoulder halfway around each other to original places, with $1^{\text {st }}$ corners facing out and $2^{\text {nd }}$ corners facing in. All take hands along the side in long wavy lines (hand-shake hold) |
|  | 5-6 | Set right and left |
|  | 7-8 | Neighbors left-hand turn $3 / 4$, sending $1^{\text {st }}$ corner dancers into the middle for . |
| B2 | 1-8 | $1{ }^{\text {st }}$ corners pass right to start a hey for 4 ; end proper and progressed |

## Vivaldi in Paradise Longways duple minor (IMPROPER) Gary Roodman 2005

 2/4, GmA1 $\quad 1-4 \quad 1 \mathrm{~s}$ lead through the 2 s and cast back to place
5-8 QUICK LEAD: 1s lead up through the couple above and immediately turn and lead back to place
A2 $\quad 1-4 \quad 2 \mathrm{~s}$ lead up through the 1 s and cast back to place
5-8 2 s lead down through the couple below and immediately turn and lead back to place
B DANCE ALONG THE LINE: Pass neighbor by the right shoulder, dance left shoulder all the way around the next person along the line to return to original neighbor; dance right shoulder all the way around original neighbor. End with all in progressed places
C $\quad 1-4 \quad$ With original corners: M change places, W change places, all face neighbor (on the side) and . . .
5-8 Pass neighbor by the right; 2 hand turn partner halfway

