

## 2023 George Washington Ball Dance Instructions

**Barham Down**                      **longways duple minor IMPROPER**                      **Playford (11<sup>th</sup> Ed.) 1701**  
D, 3/2

- A1    1-4    1s cast down and face down **while** 2s lead up and face up to meet new neighbors. New neighbors arm right once round on the side of the set, then partners left-hand turn halfway to change sides
- A2    1-4    Repeat A1: 2s (now above and improper) cast down **while** 1s (below and proper) lead up, new neighbors arm right once round, partners left-hand turn halfway to change sides (all end in original home places)
- B1    1-4    1s cross by the left and cast down (as 2s move up), half-figure 8 up through the 2s, and come up between them into a line of 4 facing up
- B2    1-4    All lead up 3 steps, fall back 3 steps; 2s assist 1s in the middle to cast off to progressed places

**Braes of Dornoch**                      **3-couple longways set**                      **Johnson c. 1753**  
G, 2/2

- A    1-4    1s lead down below 3s (as 2s move up) and cast up to middle place  
5-8    1s 2-hand turn once round to face up  
9-12    1s lead up through the top of the set and cast down to middle place  
13-16    1s 2-hand turn 3/4 and face each other (W1 above facing down, M1 below facing up), acknowledge partner, and pull back right shoulder to turn around and join hands with the end couples in wavy lines of 3 across the set: 2s face down on the ends of a line with W1 facing up in the middle; 3s face up on the ends of a line with M1 facing down in the middle
- B    1-2    All set forward and back in these lines  
3-5    1s left-hand turn the end person in their left hand (W1 and M2, M1 and W3)  
6-8    1s right-hand turn the other end person from their wavy line to end in second place on own side  
9-12    All partners back-to-back  
13-16    1s and 3s dance three changes of rights and lefts to change places at the bottom **while** the 2s two-hand turn once round at the top

**Dublin Bay**  
12/8, Cm

**longways duple minor**

**Playford 1710**

- A 1 1<sup>st</sup> woman sets advancing to her corner, as her partner (passing behind her) sets advancing to his corner  
2-3 1s right-hand turn their corners once around, ending in 1<sup>st</sup> place improper  
4-5 1s cross passing left shoulder, cast down, and come up between the 2s to face neighbors  
6-7 Neighbors arm right, ending in a line of 4 facing down with the 1s in the middle
- B 1-2 Line of 4 fall back a double (up the hall) and lead forward a double (down the hall); at the end of the phrase, all turn individually around (towards neighbors) to face up in the line of four  
3-4 Line of 4 fall back a double (down the hall) and lead up a double  
5 2s gate the 1s up and around to progressed places

**Emperor of the Moon**  
Bb, 2/2

**longways duple minor**

**Playford 1690**

- A1 1-4 Partners set and turn single, finish facing neighbor  
5-8 Neighbors two-hand turn once round, to face partners (inside hands still joined)
- A2 1-4 With neighbor, go forward to meet partner, fall back, and release hands  
5-8 Set to partner, then 1s cast down (4 counts) as 2s lead up
- B1 1-4 2s cross by the right and cast down **while** 1s meet, lead up and turn out to face down  
5-8 2s half figure 8 up assisted by hand turns with the 1s: as the 2s cross up, men turn by the left hand and women turn by the right hand to finish facing partner in original places (proper and unprogressed)
- B2 1-4 1s cross by the right and cast down **while** 2s meet, lead up and turn out to face down  
5-8 1s half figure 8 up assisted by hand turns with the 2s to finish facing partner (proper and progressed)

**Faithless Nancy Dawson**  
4/4, D

**longways duple minor**

**Anna Bidder 1969**

- A 1-4 1s lead down through the 2s and cast back  
5-8 2s lead up through the 1s and cast back  
9-12 Partners dance back-to-back
- B 1-4 Neighbors set while falling back, come forward turning single  
5-8 Beginning with partner, dance 3 changes of a circular hey

**The Farmer's Joy**  
6/8, A

**longways duple minor**

**Joseph Pimentel 2012**

- A1 1-8 1<sup>st</sup> corners set and turn single and two-hand turn once round  
A2 1-8 2<sup>nd</sup> corners set and turn single and two-hand turn once round  
B1 1-4 1s lead down the center, then turn as a couple to face up, having changed sides with partner  
5-8 1s lead up, cross over and cast off to 2<sup>nd</sup> place on own side as 2s move up  
B2 1-8 Right hand star and left hand star

**Hole in the Wall**

**longways duple minor**

**Playford 1696**

3/2, Bb

- A1 1-4 1s cast down below the 2s and lead up the center to place  
A2 1-4 2s cast up above the 1s and lead down the center to place  
B 1-2 1<sup>st</sup> corners change places, falling back on the last 3 steps  
3-4 2<sup>nd</sup> corners change places, falling back on the last 3 steps  
5-6 Circle 4 to the left halfway  
7-8 1s cast down one place as 2s lead up

**Jamaica**

**longways duple minor DOUBLE PROGRESSION**

**Playford 1670**

2/2, F

- A1 1-2 1s take right hand in right (bar 1), then add left hand in left (bar 2)  
3-4 With crossed hands, 1s turn halfway  
5-8 Neighbors (on the side) take right hand in right, then add left hand in left; with crossed hands, turn halfway to change places on the side. Retain hands in promenade hold and face into the set  
B1 1-4 Fall back on the sides and come forward  
5-8 1s half figure 8 up through the 2s (first progression)  
A2 1-8 With new 1s and 2s, 1<sup>st</sup> corners two-hand turn once round and then 2<sup>nd</sup> corners two-hand turn once round  
B2 1-4 Neighbors two-hand turn 1½ times to change places (second progression)  
5-8 Partners two-hand turn once round

**Key to the Cellar**

**longways triple minor**

**Jenny Beer 2004**

3/2, Em

- A1 1-4 1s cast off (as 2s move up) and gate down through the 3s  
A2 1-4 Lines of 3 on the sides dance forward and back; 1s couple gate up through the 2s  
B1 1-4 Heys across the set: M1 dances a left-shoulder hey with the 3s **while** W1 dances a left-shoulder hey with the 2s (man down, woman up)  
B2 1-2 1s (in 2<sup>nd</sup> place) dance right-shoulders once round each other  
3-4 All two-hand turn partner once round

**Minuet****1-couple****Gail & Lee Ticknor, interp.**

A simplification of "Minuet Ordinaire," attributed to Rameau

- 4 bars Introduction: Honor the Presence; Honor partner  
 8 bars Facing Presence with inside hands joined, take two minuet steps forward and two steps to turn halfway (man backing up)  
 8 bars Take two minuet steps forward (away from Presence) and two steps to turn halfway (man backing up) and move to ends of "Z"  
 8 bars Take one minuet step to the left along leg of "Z", two steps across diagonal of "Z" (passing partner by right shoulder), one step to the right along other leg of "Z"  
 8 bars Retrace "Z" to starting position  
 16 bars Right-hand turn 4 minuet steps; left-hand turn 4 minuet steps  
 16 bars Repeat first figure: lead up, turn halfway, lead down, turn ending at ends of "Z"  
 16 bars Repeat "Z" figure  
 16 bars Two-hand turn clockwise 4 minuet steps and counterclockwise 4 minuet steps  
 4 bars Coda: Honor Presence; Honor partner

**Miss De Jersey's Memorial****longways duple minor****Pat Shaw 1971**

3/4, Gm

- A1 1-4 1s couple right-hand turn 1 1/2 times, moving down to end between the 2s facing the opposite-sex dancer  
 5-8 Dance 5 changes of a left-shoulder hey for four (until 1s are proper and the 2s meet in the center, improper, facing each other)  
 A2 1-4 2s left-hand turn 1 1/2 times to end facing same-sex dancer  
 5-8 Dance 4 changes of a right-shoulder hey, ending improper at the sides with the men progressed and the women unprogressed  
 B1 1-4 Circle 4 to the left 3/4 round, ending with the men above and the women below  
 5-8 Men half figure 8 down through the women (2<sup>nd</sup> man crossing first)  
 9-12 Symmetrical back-to-back with partner: men go between the women to begin  
 13-16 Circle 4 to the right 3/4, ending improper with the 1s above and the 2s below  
 B2 1-2 1s lead down **while** the 2s fall back away from partner  
 3-4 1s turn towards each other, changing hands, and fall back (still moving down the middle) **while** the 2s move up the sides of the set with two side steps  
 5-6 1s lead up the middle to 2<sup>nd</sup> place **while** the 2s come forward towards each other into 1<sup>st</sup> place  
 7-8 1s separate and go up around the 2s **while** the 2s lead down the middle (all are now in original places but improper)  
 9-12 Partners two-hand turn once round (3 bars) and fall back (1 bar)  
 13-14 Partners pass right shoulder to change places and then turn back on neighbor, 1s facing up and 2s facing down  
 15-16 Neighbors change places by backing up passing right shoulder and turn in to face partners

**Monticello**  
6/8, A dorian  
Tune: Jefferson & Liberty

**longways duple minor**

**Louis Vosteen 2004**

- A1 1-2 1s cross and face down as the 2s meet and turn up and away from each other to face down, making a line of 4 with the 2s proper in the center and the 1s improper on the ends (↓W1M2W2M1↓)  
3-4 All lead down a double  
5-6 Fall back up, bending the line to a circle of 4  
7-8 Circle 4 to the left halfway
- A2 1-4 Open ladies' chain halfway: women cross over by the right hand and left-hand turn with their partner, flowing into . . .  
5-8 Circle 4 to the right 3/4 round
- B1 1-4 On the sides, lead opposite out a double and two-hand turn half way  
5-8 Lead back, cross over, and turn in to face partner
- B2 1-4 2s dance a half figure 8 down through the 1s  
5-8 Partners two-hand turn once round

**Nonesuch**  
2/2 Dm

**4-couple longways**

**Playford 1651**

Part 1

- A 1-8 Partners lead up a double and back. That again  
B 1-8 Partners set and turn single. That again

Part 2

- A 1-4 With a light spring, 1s meet in the center (1), join hands and slip down two steps between the 2s (2), then turn down and away to face 2s on an angle  
5-8 Taking both hands, M1 push M2 up and out (on an angle) and back in, opening out to face across the set with nearer hands joined, **while** W1 and W2 do the same.
- B 1-8 The same four fall back a double and come forward, then two-hand turn partner once round

ABx4 Repeat AB four more times, the couple in top place joining in when the leading couple starts from 3<sup>rd</sup> place. Part 2 ends with the original bottom couple at the top place.

Part 3

- A 1-4 Partners dance left-shoulders round halfway (staying close in the center) and turn single right out to partner's place  
5-8 Partners dance right-shoulders round halfway and turn single left back to own place
- B 1 Top man, with a light spring, move to the center of the set facing down  
2 Top woman do the same, facing up  
3-8 In sequence, each couple do the same

Part 4

- A 1-8 Partners arm right and arm left, ending on the center line facing each other  
B 1-4 All slip four steps out to the left and slip four steps back into line  
5-8 Continuing the movement, all slip four steps to the right and four steps back into line

Part 5

- A 1-8 Top man move out to place on the side of the set with a light spring (1). Top woman do the same (2). The rest do the same, in sequence.  
BA 1-16 Progressive rights & lefts around the set: top couple face partner and others face up. Top couple begin by changing by the right hand; others join in (with the appropriate hand) when the top couple reaches them. All move completely around the set to end where they started the figure.

**The Old Mill**  
G, 3/2

**3-couple longways set**

**Walsh 1718**

- A1 1-8 M1 casts around M2 (who does not move up), right-hand turns W3 once round, and dances out around W2 into partner's place **while** W1 balances back and then follows her partner around M2, overtakes her partner (by crossing the set behind W3 and in front of partner as partner turns W3), dances around W2 and crosses to partner's place. W1 turns over left shoulder to find partner and 1s left-hand turn halfway to original places  
A2 1-8 Repeat: W1 casts around W2 and left-hand turns M3, **while** M1 balances back, follows and overtakes partner and then both dance around M2 to partner's place. M1 turns over right shoulder to find partner; 1s right-hand turn halfway (to end proper) and remain in the middle with right hands joined  
B1 1-8 Retaining hands, 1s lead down the center and out between the women for mirror heys across the set. 1s right-hand turn 3/4 to finish improper in 2nd place  
B2 1-8 1s cross (R shoulder), cast up to the top, turn single down and away, and face down as the 2s and 3s face up. 1s lead down the center to the foot and cast up to 2<sup>nd</sup> place as 2s and 3s dance up the outside and lead down (2s end at the bottom, 3s end at the top)

Repeat the dance twice more.

**The Pursuit**  
Em, 2/2

**longways duple minor**

**Dancing Master 1713**

- A1 1-8 M1 heys with the women (passing W2 by the right shoulder to begin). At the end of the hey, M1 returns through his own place and goes behind M2 to 2<sup>nd</sup> place (as M2 moves up)
- A2 1-8 W1 heys with the men, (passing partner in 2<sup>nd</sup> place by the left shoulder to begin) then returns through her own place and goes behind W2 to 2<sup>nd</sup> place (as W2 moves up)
- B1 1-8 1s lead down through the next neighbors and cast back up **while** 2s dance up the outside past the next neighbors, come in and lead back down. All two-hand turn partner once round.
- B2 1-8 1s dance a figure 8 up through the 2s above.

Note: A double figure 8 is optional in B2.

**Red House**  
2/2, Am

**longways duple minor**

**Young 1721**

- A1 1-8 All facing partner, advance and retire. All set; 1s cast off as the 2s lead up
- A2 1-8 All facing partner, advance and retire. All set; 1s cast up as the 2s lead down
- B1 1-8 Chase: M1, followed by partner, cast down below M2, dance up between the 2s, cast down behind W2, and dance across the set
- B2 1-8 Reverse the chase: W1, followed by partner, cast up behind W2, dance down between the 2s, cast up behind M2, and dance across the set to original position.
- C1 1-8 M2 dance a hey with the 1s, passing W1 by the right shoulder to begin
- C2 1-8 W2 dance a hey with the 1s, passing M1 by the left shoulder to begin. At the end of the hey, 1s dance down the outside into 2<sup>nd</sup> place as M2 meets his partner to dance up the middle into progressed place

**Sir Watkin's Jig**  
6/8, G

**3-couple longways set**

**Johnson 1750**

- A1 1-4 1s cast into 2<sup>nd</sup> place (8 counts); 2s move up on bars 3-4  
5-8 1s two-hand turn once round
- A2 1-8 1s and 3s dance 4 changes of rights and lefts
- B1 1-4 1s lead down through the 3s and cast up to middle place  
5-8 1s lead up through the 2s and cast down to middle place  
9-10 1s turn single down and away (M1 right, W1 left)
- B2 1-4 Circle 6 to the left halfway round, ending in lines  
5-6 Lines set falling back  
7-8 Releasing hands, all turn single right coming forward  
9-10 Partners two-hand turn halfway

**Smithy Hill**  
6/8, Dm

**longways duple minor IMPROPER**

**Tom Cook 1987**

- A1 1-2 Circle 4 to the left halfway  
3-4 Retaining hands, all step left and step right  
5-8 Repeat bars 1-4, ending home  
9-12 Women change places by the right shoulders; men do the same  
13-16 Repeat the corner crossings to end home; all face out of the set and take inside hand with neighbor
- A2 1-4 Neighbors lead out a double, then raise joined hands and change places to face in, women going under the raised arms  
5-6 Women change by the right hand to face partner in a line of 4 across the room (W facing out in the middle, M facing in on the ends)  
7-8 Partners join left hands, raise joined hands and change places with women going under the arch. End again in a line of 4, W on the outside facing in and M on the inside facing out. Retain left hand with partner  
9-12 Half hey across the set, pulling past partner by the left to begin  
13-16 Partners take two hands; men draw partners into the set in progressed places; all step left and right

**Ten for the Ten Commandments Sicilian circle**  
3/4, Am

**Fried deMetz Herman 1994**

- A1 1-4 All set forward on the diagonal and turn single right back to place  
5 Men cross by the right shoulder  
6 Women cross by the right shoulder  
7-8 Partners cross by the right shoulder
- B1 1-3 Circle 4 to the left three places  
4 Fall back slightly away from partner  
5-8 Partners right-shoulder back to back 1½ times (to change places)
- B2 1-3 Circle 4 to the left three places  
4 Fall back slightly away from neighbor  
5-8 Neighbors right-shoulder back to back 1½ times (to change places and progress)



**Trip to Kilburn**  
2/2, Am

**longways triple minor**

**Playford 1728**

- A1 1-2 1s cast down to 2<sup>nd</sup> place (2s moving up) (4 steps)  
3-6 1s and 3s circle left once round (8 steps)  
7-8 1s lead down through the 3s to face out at the bottom of the minor set (4 steps)
- A2 1-2 1s cast up to 2<sup>nd</sup> place  
3-6 1s and 2s circle left once round  
7-8 1s lead up through the 2s to face out at the top of the minor set
- B1 1-2 1s cast down into 2<sup>nd</sup> place (4 steps)  
3-8 Circle 6 to the left once round (12 steps)
- B2 1-4 1s and 2s dance a (quick, 2 steps per change) circular hey  
5-8 Partners two-hand turn once round

**Wooden Shoes**  
2/2, C

**longways duple minor**

**Playford 1703**

- A1 1-8 1<sup>st</sup> corners set forward, turn single back to place, and two-hand turn once round
- A2 1-8 2<sup>nd</sup> corners set forward, turn single back to place, and two-hand turn once round
- B1 1-4 1<sup>st</sup> corners change places; 2<sup>nd</sup> corners change places  
5-8 Circle 4 left halfway; all fall back slightly
- B2 1-4 Partners back to back  
5-8 Dance three changes of a circular hey