

# 2022 George Washington Ball

## Dance Instructions

**The Bishop**  
4/4, A

**longways triple minor**

**Thompson 1780**  
(Keller/Shimer interpretation)

- A1 1-8 1<sup>st</sup> man cast to 2<sup>nd</sup> place as 2<sup>nd</sup> man moves up, 1<sup>st</sup> man set to 3<sup>rd</sup> woman and two-hand turn her once round
- A2 1-8 1<sup>st</sup> woman cast to 2<sup>nd</sup> place as 2<sup>nd</sup> woman moves up, 1<sup>st</sup> woman set to 3<sup>rd</sup> man and two-hand turn him once round
- B1 1-4 3<sup>rd</sup> couple right shoulder gypsy once round WHILE the 2s (at the top) gate the 1s up the center and around back to 2<sup>nd</sup> place  
5-8 All circle 6 halfway
- B2 1-4 2<sup>nd</sup> couple (now at the bottom) right shoulder gypsy once round WHILE the 3s (at the top) gate the 1s up the center and around back to 2<sup>nd</sup> place  
5-8 All circle 6 halfway

**Bonny Cuckoo**  
3/4, D

**4-couple longways set**

**Gail Ticknor 1985**

- A1 1-4 1s dance down the center below the 3s, separate to go out the sides between the 3s and 4s, and cast up one place (2s stepping up to the top)  
5-8 1s cross with partner by the right hand and change with the 3s on the side by the left hand
- A2 1-4 4s lead up the center above the 3s (now in 2<sup>nd</sup> place), separate to go out the sides between the 2s and 3s, and cast down one place (1s stepping down to the bottom)  
5-8 4s cross with partner by the right hand and change with the 3s on the side by the left hand
- B1 1-4 All circle 8 to the left (12 steps)  
5-6 Keeping hands joined, all balance in towards the center and back  
7-8 Releasing hands, women balance forward and back, moving one place to their right, WHILE men balance back and forward, moving one place to their left
- B2 1-4 All circle 8 to the right (12 steps)  
5-6 Keeping hands joined, all balance in towards the center and back  
7-8 All two-hand turn partner to progressed places, ending proper (order: 2,3,4,1)

**Corelli's Maggot**  
2/4, F

**longways duple minor**

**John & Cathy Millar 1990**

- A1 1-8 1st corners set forward and turn single back to place, then two-hand turn once round
- A2 1-8 2<sup>nd</sup> corners set forward and turn single back to place, then two-hand turn once round
- B1 1-8 1s cross and cast (2s moving up), then 1s half figure 8 up through the 2s
- B2 1-4 1s gate down through the couple below (new neighbors)  
5-8 1s gate up through the couple above (original neighbors)

**The Haymakers**  
4/4, Am

**longways duple minor**

**Neal c. 1726**

- A1 1-6 1<sup>st</sup> corners cast over left shoulder along the side of the set and cross the set into each other's position (12 counts)  
7-8 1<sup>st</sup> corners left-hand turn halfway to original places (4 counts)
- A2 1-8 2<sup>nd</sup> corners cast over right shoulder along the side of the set and cross the set to each other's position (12 counts) and right-hand turn halfway to original places (4 counts)
- B1 1-4 All fall back a double and set moving forward  
5-8 1s two-hand turn down the center to 2<sup>nd</sup> place as 2s cast up
- B2 1-8 Right-hand star halfway and fall back on the sides; beginning with partner, dance 2 changes of rights and lefts

**Jack's Maggot**  
2/2, D

**longways duple minor**

**Playford 1703**

- A1 1-8 1<sup>st</sup> man dance a hey for 3 with the women, passing 2<sup>nd</sup> woman by the right shoulder to begin and ending back in 1<sup>st</sup> place
- A2 1-8 1<sup>st</sup> woman dance a hey for 3 with the men, passing 2<sup>nd</sup> man by the left shoulder to begin and ending back in 1<sup>st</sup> place
- B1 1-8 Dance right hands across and left hands across back to place
- B2 1-2 1<sup>st</sup> corners change  
3-4 2<sup>nd</sup> corners change  
5-6 Circle 4 halfway  
7-8 1s cast down as 2s lead up

**Minuet**

**1-couple**

**Gail & Lee Ticknor, interpretation**

A simplification of "Minuet Ordinaire," attributed to Rameau

- 4 bars Introduction: Honor the Presence; honor partner
- 8 bars With nearer hands joined throughout, take two minuet steps up and two minuet steps to turn halfway (man backing up, woman going forward) to face down
- 8 bars Take two minuet steps down and two minuet steps to turn (man backing up, woman going forward), releasing hands to face across at the ends of a "Z"
- 8 bars Take one minuet step along the leg of the "Z", two minuet steps across the diagonal (passing partner by right shoulder), and one minuet step along the other leg of the "Z"
- 8 bars Retrace the "Z" to starting position
- 16 bars Right-hand turn in four minuet steps; Left-hand turn in four minuet steps
- 16 bars Repeat the first figure: lead up, turn, lead back down, and turn ending at ends of the "Z"
- 16 bars Repeat the "Z" figure, over and back
- 16 bars Turn with two-hands clockwise once round in four minuet steps and then turn with two-hands counter-clockwise in four minuet steps
- 4 bars Coda: Honor the Presence and honor partner

**Petit Jean**  
6/8, Gm

**longways duple minor IMPROPER**

**Louis Vosteen 2001**  
Var. on "Female Saylor"

- A1 1-8 2s lead up and cast down; 1s lead down and cast up  
A2 1-8 1s and 2s dance a double figure 8 (1s crossing down to begin)  
B1 1-8 Symmetrical back-to-back with neighbor (1s going down the center to begin);  
Neighbors two-hand turn once round  
B2 1-8 All right shoulder back-to-back with partner; 1s cross, cast, and two-hand turn halfway to  
progressed place as the 2s two-hand turn moving up

**The Potter's Wheel**  
9/8, D

**longways duple minor**

**Brooke Friendly & Chris Sackett 2009**

- A 1-4 Partners facing, dance 4 changes of rights and lefts  
5-8 1s turn by the right hand once-and-a-half to end facing the 2<sup>nd</sup> woman with 1<sup>st</sup> man in the  
lead and 1<sup>st</sup> woman close behind  
B 1-4 1s dance a left shoulder "dolphin hey" across the set with the 2s (1s dance in tandem,  
switching the lead each time they loop out of the hey)  
5-6 2s follow the curve of the hey to dance up the outside into 1<sup>st</sup> place WHILE the 1s,  
with 1<sup>st</sup> man in the lead, dance down the middle of the set and curve out to own sides  
in 2<sup>nd</sup> place  
7-8 Partners right-hand turn once round

**The Punch Bowl**  
G, 3/2

**longways duple minor**

**Playford 1701**

- A1 1-2 1s cross and cast down as 2s meet and lead up the middle  
3-4 1s lead down through the next 2s below and cast back to 2<sup>nd</sup> place, WHILE the 2s  
separate, move up the outside (around the 1s leading down), and come in to meet and  
lead back down the center to 1<sup>st</sup> place  
5-8 Original 1s and 2s circle 4 halfway; 1s cast down as the 2s lead up  
A2 1-2 Repeat A1 with reversed roles: 2s cross and cast down as 1s meet and lead up  
3-4 2s lead down through the next 1s below and cast back to 2<sup>nd</sup> place, WHILE the 1s  
separate, move up the outside (around the 2s leading down), and come in to meet and  
lead back down through the center to 1<sup>st</sup> place  
5-8 Original 1s and 2s circle 4 halfway; 2s cast down as the 1s lead up  
B 1 1st corners (2<sup>nd</sup> man and 1<sup>st</sup> woman in 1<sup>st</sup> corner positions) change (3 steps)  
2 2nd corners change (3 steps)  
3-4 Circle 4 halfway  
5-8 1s cast down and two-hand turn halfway WHILE the 2s two-hand turn once-and-a-half  
moving up

**Sarah**  
3/2, Am

**longways duple minor**

**Gary Roodman 1998**

- A1 1-4 1<sup>st</sup> corners right-hand turn about 1½ until facing same-gender-role neighbor  
5-6 1<sup>st</sup> corners dance clockwise around neighbor and back to place  
7-8 All change with partner passing right shoulder
- A2 1-4 From new places, repeat A1: 2<sup>nd</sup> corners right-hand turn about 1½ until facing same-gender-role neighbor  
5-6 2<sup>nd</sup> corners dance clockwise around neighbor and back to place  
7-8 All change with partner passing right shoulder
- B 1-4 Circle 4 halfway round and then fall back 6 steps with neighbor  
5-8 All come forward 3 steps and then dance 3 changes of a circular hey (3 counts each)
- C 1-4 1s cast down and half figure 8 up ending in progressed place facing down, WHILE  
2s dance a half figure 8 up and then lead up into 1<sup>st</sup> place facing up for...  
5-6 All cloverleaf turn single to end facing back into set

**Shrewsbury Lasses**  
2/2, D

**3-couple longways**

**Thompson 1765**

- A1 1-4 1<sup>st</sup> man slow step and honor right and then left to 2<sup>nd</sup> woman  
5-8 1<sup>st</sup> man two-hand turn 2<sup>nd</sup> woman once round
- A2 1-8 1<sup>st</sup> woman repeat A1 to 2<sup>nd</sup> man
- B1 1-2 1s cast to 2<sup>nd</sup> place as 2s move up  
3-6 1s and 3s circle 4 once round, releasing hands so that...  
7-10 1<sup>st</sup> man dance up outside and around the top couple to end in middle place improper, WHILE 1<sup>st</sup> woman dance down outside and around the bottom couple to end in middle place improper (skipping step recommended)  
11-12 1s two-hand turn halfway
- B2 1-2 3s cast up to 2<sup>nd</sup> place as 1s move down  
3-6 3s and 2s circle 4 once round, releasing hands so that...  
7-10 3<sup>rd</sup> man dance up outside and around the top couple to end in middle place improper, WHILE 3<sup>rd</sup> woman dance down outside and around the bottom couple to end in middle place improper (skipping step recommended)  
11-12 3s two-hand turn halfway

**Softly Good Tummas**  
2/2, Dm

**longways duple minor**

**Kynaston 1718**

- A1 1-4 Single file circle left halfway round  
5-8 All advance diagonally in a double to the center and turn single left out, clapping once on the last beat of bar 8
- A2 1-4 Single file circle right halfway round  
5-8 All advance diagonally in a double to the center and turn single right out, clapping once on the last beat of bar 8
- B1 1-2 1s cast (short – 4 counts) into 2<sup>nd</sup> place as 2s move up  
3-4 All set to partner

- 5-8 Beginning with partner, dance 2 changes of rights and lefts, ending close to partner in the middle (improper)
- B2 1-2 All fall back with a setting step
- 3-4 All cross over passing right shoulder with partner
- 5-8 1s right-hand turn moving down to 2<sup>nd</sup> place, WHILE 2s cast (long – 8 counts) up into 1<sup>st</sup> place

**South Wind**  
3/4, G

**4-couple square**

**Lou Vosteen 2002**

- A1 1-4 Heads, holding near hands, balance in turning toward partner and then balance away to face the center of the set; take two slow sideways chassé steps to change places (right-hand person passing in front of partner)
- 5-8 Heads separate to dance half figure 8s through the sides ending in opposite place (proper)
- A2 1-8 Sides repeat A1
- B1 1-4 All circle 8 halfway
- 5-6 All four women dance right-hands across halfway
- 7-8 All left-hand turn opposite about 3/4 to end facing corner\*
- B2 1-4 All right shoulder back-to-back with corner
- 5-8 Still facing corner, take inside hands (men's right, women's left) and balance forward and back; men stay in place while women turn counterclockwise under raised arms coming across in front of men to end next to men in new position (women have moved one place clockwise around the set)

Repeat 3 more times.

\*Note: the left hand turn is an open turn, not a "courtesy" turn.

**St. Margaret's Hill**  
3/2, Gm

**longways 3-couple set**

**Playford 1713**

- A 1-4 1s cast off into 2nd place as 2s move up, 1s right-hand turn 3/4 to face each other and fall back slightly to form lines across the set (1<sup>st</sup> woman between 2s, 1<sup>st</sup> man between 3s)
- 5-8 Lines fall back and come forward, all circle 6 halfway
- B1 1-8 1<sup>st</sup> man turn 3<sup>rd</sup> woman (on his right) by the right hand WHILE 1<sup>st</sup> woman turn 2<sup>nd</sup> man (on her right) by the right hand, 1s turn partner by the left 3/4 to end facing down (improper); 1s lead down through 2s and cast up to middle place, 1s right-hand turn halfway and pull right shoulder back
- B2 1-8 1<sup>st</sup> man turn 2<sup>nd</sup> woman by the left hand WHILE 1<sup>st</sup> woman turn 3<sup>rd</sup> man by the left hand, 1s turn partner by the right 3/4 to end facing up (improper); 1s lead up through the 3s and cast to the middle, all left-hand turn partner halfway

**St. Martin's Lane**  
2/2, Gm

**longways triple minor**

**Playford 1696**

- A1 1-8 1<sup>st</sup> man cast off (as 2<sup>nd</sup> man moves up) and two-hand turn 3<sup>rd</sup> woman; 1<sup>st</sup> man dance up the outside back to 1<sup>st</sup> place (as 2<sup>nd</sup> man moves down)
- A2 1-8 1<sup>st</sup> woman cast off (2<sup>nd</sup> woman moves up) and two-hand turn 3<sup>rd</sup> man; 1<sup>st</sup> woman dance up the outside back to place (as 2<sup>nd</sup> woman moves down)
- B 1-2 1s lead down to 2<sup>nd</sup> place (as 2s move up), ready for . . .
- 3-8 1s and 3s dance a double figure 8 (1s crossing down and 3s casting up to begin)
- 9-14 1s and 2s dance a double figure 8 (1s crossing up and 2s casting down to begin)
- 15-19 Partners two-hand turn once around

**Take a Dance**  
6/8, Bm

**longways duple minor**

**Thompson 1765**

- A1 1-8 1s lead down through the 2s and cast up; 1s two-hand turn once round
- A2 1-8 2s lead up through the 1s and cast down; 2s two-hand turn once round
- B1 1-8 1s cross and cast (2s moving up); 1s dance a half figure 8 up through the 2s
- B2 1-8 Beginning with partner, dance 4 changes of rights and lefts

**Trip to Paris**  
2/2, Am

**longways duple minor**

**Walsh 1711**

- A 1-4 All set; all cross over with partner passing right shoulders while turning single one and a half times around to face back in
- 5-8 Repeat to places
- B 1-8 1s cross and cast down and then cross and cast back up (skipping step) going all the way around the standing 2s
- 9-10 1s turn single (suggested: down and away)
- 11-14 1<sup>st</sup> corners change, 2<sup>nd</sup> corners change
- 15-16 Circle 4 halfway
- 17-18 1s cast down as the 2s lead up

**Trip to Tintagel**  
2/2, C (The King's Reel)

**longways duple minor**

**Jenna Simpson 2013**

- A1 1-4 All set; 1s cast off as the 2s lead up
- 5-8 All set; 2s cast off as the 1s lead up, 1s staying close in the middle facing partner, for ...
- B1 1-4 1s fall back and come forward WHILE the 2s come forward and fall back
- 5-8 1s cast off and lead up into the middle of a line of 4 facing up, WHILE the 2s meet, lead up, and cast onto the ends of the line of 4
- A2 1-4 Line of 4 lead up a double, then fall back bending the line in on itself to swing the 2s into the center of a line of 4 facing down
- 5-8 Line of 4 lead down a double, fall back bending the line into a circle
- B2 1-8 Circle to the left and to the right (slipping step, if possible)

**Trip to Town-O**  
9/8, D

**Sicilian circle**

**Brooke Friendly & Chris Sackett 2005**

- A1 1-3 Right hand star once round  
4 Turn single left  
A2 1-3 Left hand star once round  
4 Turn single right  
B1 1-2 Opposites right-hand turn once round  
3-4 Partners left-hand turn once round  
B2 1-2 Partners lead forward and back  
3-4 Pass through by the right shoulder to meet a new couple

**Turn of the Tide**  
3/4, G

**longways duple minor IMPROPER**

**Ron Coxall 2002**

- A1 1-4 Circle left halfway; Partners two-hand turn halfway  
5-8 2s lead down through 1s and cast back up to 1<sup>st</sup> place  
A2 1-4 Circle left halfway; Partners two-hand turn halfway  
5-8 1s lead down through 2s and cast back to 1<sup>st</sup> place (all end home)  
B1 1-4 1s lead down set (holding near hands); turn in and continue backing down the set  
5-8 1s lead up the set; turn in and continue backing up the set  
B2 1-8 Turn of the Tide pousette:  
1-2 Taking two hands with partner dance straight out of the set, men moving forwards  
3 Retaining hands, Men move ¼-turn clockwise while women pivot in place to face partner up & down the set  
4 Women move ¼-turn clockwise while men pivot in place to face partner across the set)  
5-6 Men moving forwards, dance straight into set (in progressed place)  
7-8 Partners two-hand turn halfway, opening into circle with next couple

**Well Hall**  
3/2, F

**longways duple minor**

**Playford 1686**

- A1 1-8 1s right-hand turn once-and-a-half to face up, cast down (as 2s move up), and cross back to own side  
A2 1-8 2s repeat A1  
B1 1-4 1<sup>st</sup> corners change (6 counts), then 2<sup>nd</sup> corners change  
5-8 Circle 4 halfway round and all cloverleaf turn single (1s turn up and away, 2s turn down and away)  
B2 1-4 2<sup>nd</sup> corners change (6 counts), 1<sup>st</sup> corners change  
5-8 Circle 4 halfway; 1s cast down as the 2s lead up