

# 2020 George Washington Ball Dance Instructions

**Camberwell**  
3/2, Dm

**longways duple minor**

**Playford 1710**  
(Herman/Bentley interpretation)

- A1 1-8 1s set, cast down one place (as 2s move up), two-hand turn once round, and cast back up to 1<sup>st</sup> place (as 2s move back down)
- A2 1-4 All set and turn single  
5-8 2s dance a full figure 8 up through the 1s (this is brisk; a skipping step is suggested)
- B1 1-2 1<sup>st</sup> corners right-hand turn once round  
3-4 1s left-hand turn once round  
5-8 Beginning with partner, dance 4 changes of a circular hey
- B2 1-2 2<sup>nd</sup> corners left-hand turn once round  
3-4 2s right-hand turn once round  
5-6 Partners back-to-back  
7-8 1s cast down as the 2s lead up

**De Novo**  
6/8, D

**Sicilian circle**

**Brooke Friendly & Chris Sackett 2011**

- A 1-4 Circle 4 to the left (slipping)  
5-6 Balance the circle  
7-8 All turn single left  
9-12 Circle 4 to the right (slipping)  
13-14 Balance the circle  
15-16 All turn single right
- B1 1-2 Men change by the right shoulder  
3-4 Women change by the right shoulder  
5-8 Partners 2-hand turn once around
- B2 1-2 Men change by the right shoulder  
3-4 Women change by the right shoulder  
5-8 Opposites 2-hand turn once round and pass by the right shoulder to progress

**The Dusty Miller**  
3/2, G

**3-couple set (longways)**

**James Alexander**  
**Notebook 1726**

- A1 1-4 1s lead down between the 2s (who move up), turn in towards each other to face up, and cast down below the 3s
- A2 1-4 1s 2-hand turn once round and cast up to 2<sup>nd</sup> place
- B1 1-4 1<sup>st</sup> corners right-hand turn; 1s left-hand turn to face 2<sup>nd</sup> corners
- B2 1-4 2<sup>nd</sup> corners right-hand turn; 1s left-hand turn to face 1<sup>st</sup> corners (on the diagonal)
- A3 1-4 1<sup>st</sup> corners step and honor; 1<sup>st</sup> corners 2-hand turn. 1s end the turn facing 2<sup>nd</sup> corners (on the diagonal)
- A4 1-4 2<sup>nd</sup> corners step and honor; 2<sup>nd</sup> corners 2-hand turn. 1s end the turn facing 1<sup>st</sup> corners (on the sides)
- B3 1-4 1s, passing left shoulder with 1<sup>st</sup> corner to begin, dance heys on the sides
- B4 1-4 1s 2-hand turn once-and-a-half while moving to the bottom of the set, as the 3s dance a long cast up to 2<sup>nd</sup> place

Repeat 2 more times

**Enfield Common****longways duple minor****Playford 1701**

3/2, Dm

(Callens interpretation)

- A1 1-2 Neighbors face and set right and left  
 3-4 Neighbors right-hand turn once around
- A2 1-2 Neighbors set left and right  
 3-4 Neighbors left-hand turn once around
- B1 1-4 Men lead through the women, cast back to place, and turn single away (M1 turn right, M2 turn left)  
 5-8 Women lead through the men, cast back to place, and turn single away (W1 turn left, W2 turn right)
- B2 1-2 Circle 4 to the left halfway  
 3-4 Cloverleaf turn single (1s turn down, 2s turn up) to end facing neighbor  
 5-8 Dance three changes of rights & lefts, beginning with neighbor

**Fair and Softly****longways duple minor****Walsh 1726**

3/4, Dm

- A 1-2 Taking hands in long lines, all step-set up and down (men left, ladies right)  
 3-4 1s cast down (2s move up)  
 5-8 1s lead down through next couple below and cast back to progressed place. End facing original neighbor on the side (2s face down)
- B1 1-4 Dance 4 changes of rights & lefts with a twist: pass neighbor giving right hands, pass partner giving left hands, pass neighbor by right shoulder (no hands), turn partner 2-hands halfway  
 5-8 2s lead down through the 1s and cast back, 2s end facing up (now facing new neighbors; 1s face down)
- B2 1-4 With new neighbors, dance 4 changes of rights & lefts with a twist (right hand to neighbor, left hand to partner, right shoulder to neighbor, 2-hand turn partner halfway)  
 5-8 2s lead up through couple above and cast back to place

**The Garter****longways duple minor****Playford 1686**

2/2, C

Music: Jenny Come Tie My Cravat

- A1 1-4 M1 followed by W2 dance clockwise around W1 to face on the 1<sup>st</sup> diagonal (skip-change)  
 5-8 1<sup>st</sup> corners set and turn single
- A2 1-8 W1 followed by M2 dance counter-clockwise around M1 to face on the 2<sup>nd</sup> diagonal (skip-change step); 2<sup>nd</sup> corners set and turn single
- B1 1-4 1<sup>st</sup> corners change places, as in Hole in the Wall (8 counts)  
 5-8 2<sup>nd</sup> corners change places, as in Hole in the Wall (8 counts)
- B2 1-4 1<sup>st</sup> and 2<sup>nd</sup> couples dance a half double figure 8: 2s cast down and 1s cross up to begin (skip-change step)  
 5-8 Partners clap twice and 2-hand turn once around

**The Haymakers****longways duple minor**

Neal c. 1726

Am, 4/4

- A1 1-6 1<sup>st</sup> corners cast over left shoulder along the side of the set and dance across the set into each other's position (12 counts)  
 7-8 1<sup>st</sup> corners left-hand turn halfway to original places (4 counts)
- A2 1-8 2<sup>nd</sup> corners cast over right shoulder along the side of the set and cross to each other's place (12 counts) and right-hand turn halfway to original position (4 counts)
- B1 1-4 All fall back a double and set moving forward  
 5-8 1s 2-hand turn down the center to 2<sup>nd</sup> place as the 2s cast up
- B2 1-4 Right-hand star halfway; beginning with partner, dance 2 changes of rights & lefts

**Jaque Latin****longways duple minor**

Willsim 1755

2/4, G

- A1 1-8 W1 hey with the men, passing M2 by the left to begin
- A2 1-8 M1 hey with the ladies, passing W2 by the right to begin
- B1 1-4 1s cross and cast down one place (2s moving up)  
 5-8 1s cross and cast down again (2s NOT moving)
- B2 1-2 1s lead up one place (to below original 2s)  
 3-4 Set to original neighbors  
 5-8 1s lead up through the 2s and cast back to progressed place
- C1 1-8 All set twice to (original) corner, left-hand star once round
- C2 1-8 All set twice to (original) corner, right-hand star once round

**Love and a Bottle****3-couple set (longways)**

Playford c. 1710

6/8, Gm

(Bentley interpretation)

- A1 1-8 M1 dances a figure 8 around M2 and M3 on the side (dancing in front of M2 to begin) WHILE W1 dances a figure 8 across the set around the 2<sup>nd</sup> couple (W1 crossing in front of her partner to begin)
- A2 1-4 1s cast down one place (4 counts, as 2s move up); 1s and 3s 2-hand turn neighbor on the side once round (4 counts)  
 5-8 1s set and change places passing by the right shoulder (remain facing out)
- B1 1-8 M1 right-hand turn W3 and then left-hand turn W2; WHILE W1 right-hand turn M2 and left-hand turn M3. 1s end in 2<sup>nd</sup> place improper
- B2 1-8 1s set and change places; 1s clap (together, right, together, left) and cast to the bottom (3s moving up)

Repeat 2 more times

**Mad Robin**  
2/2, Bb

**longways duple minor**

**Playford 1687**

- A1 1-8 M1 turn W2 once round by the right hand, then M1 turn W1 by the left hand once round and cast to 2nd place, M2 moving up
- A2 1-8 W1 turn M1 (in 2nd place) once round by the left hand, then W1 turn M2 by the right hand once round and cast to 2nd place, W2 moving up
- B1 1-4 1s dance "Mad Robin" figure up through 2s: W1 moves up the center and down the outside to 2nd place WHILE M1 moves up the outside and down the center
- 5-8 1s 2-hand turn once round
- B2 1-4 2s repeat B1 down through the 1s (W2 dances down the center and up the outside; M2 dances down the outside and up the center)
- 5-8 2s 2-hand turn once round

**Mary K**  
3/2, Cm

**longways duple minor IMPROPER**

**Gary Roodman 2002**

- A1 1-3 Men change places by casting to the right (behind neighbor) and dancing across the set (9 counts)
- 4 With partner (who is along the line) 2-hand turn halfway (3 counts)
- A2 1-3 Women change places by casting to the right (behind partner) and dancing across the set (9 counts)
- 4 With neighbor (who is along the line) 2-hand turn halfway (3 counts)  
[The set is now turned halfway around.]
- B 1-2 Circle 4 halfway (and fall back)
- 3-4 Facing partner, cross over passing right shoulder and turn back to the right to face in
- 5-6 Beginning with partner, dance 2 changes rights & lefts
- 7-8 Partners 2-hand turn once round, staying in the center with 1s below facing up and 2s above facing each other
- C 1-4 PETIT FOURS with current neighbors
- |   | <u>Couple 1</u>                     | <u>Couple 2</u>                       |
|---|-------------------------------------|---------------------------------------|
| 1 | <b>Lead up the center</b>           | <b>Fall back away from each other</b> |
| 2 | Face each other and fall back       | Face down, move down the outside      |
| 3 | Face down, move down the outside    | Face each other, meet in the middle   |
| 4 | Face each other, meet in the middle | Lead up the center                    |
- 5-8 PETIT FOURS with NEW neighbors
- |   | <u>Couple 1</u>                   | <u>Couple 2</u>                      |
|---|-----------------------------------|--------------------------------------|
| 1 | <b>Lead down the center</b>       | <b>Face each other and fall back</b> |
| 2 | Face each other and fall back     | Face up, move up the outside         |
| 3 | Face up, move up the outside      | Face each other, meet in the middle  |
| 4 | Face each other, come in to place | Lead down the center to place        |

**Michael and All Angels      longways duple minor****Fried deMetz Herman 1991**

Am, 3/4

- A1    1-2    1<sup>st</sup> corners (tight) right-shoulder gypsy  
       3-4    1<sup>st</sup> corners cast left around neighbor into corner's position  
       5-8    1<sup>st</sup> corners meet in the middle to left-hand turn once around, then release and fall  
           back into each other's places
- A2    1-8    2<sup>nd</sup> corners repeat, with a left-shoulder gypsy and right-hand turn. All end progressed and  
           improper
- B1    1-2    Right-hand star halfway  
       3-4    1<sup>st</sup> corners (M1 & W2) change places with two chasse (side) steps, passing face-to-face  
           and changing hands  
       5-6    Left-hand star halfway  
       7-8    All turn single right, opening out into . . .
- C     1-4    Single-file circle (clockwise) three places, ending proper  
       5-8    Continuing the momentum, partners dance a clockwise half poussette
- D     1-2    Partners balance forward and back  
       3-4    1s cast off as the 2s move up

**Minuet****1-couple****Gail & Lee Ticknor, interpretation**

A simplification of "Minuet Ordinaire," attributed to Rameau

- 4 bars      Introduction: Honor the Presence; honor partner
- 8 bars      With nearer hands joined throughout, take two minuet steps up and two minuet  
           steps to turn halfway (man backing up, woman going forward) to face down
- 8 bars      Take two minuet steps down and two minuet steps to turn (man backing up, woman  
           going forward), releasing hands to face across at the ends of a "Z"
- 8 bars      Take one minuet step along the leg of the "Z", two minuet steps across the  
           diagonal (passing partner by right shoulder), and one minuet step along the other  
           leg of the "Z"
- 8 bars      Retrace the "Z" to starting position
- 16 bars     Right-hand turn in four minuet steps; Left-hand turn in four minuet steps
- 16 bars     Repeat the first figure: lead up, turn, lead back down, and turn ending at ends of the "Z"
- 16 bars     Repeat the "Z" figure, over and back
- 16 bars     Turn with two-hands clockwise once round in four minuet steps and then turn  
           with two-hands counter-clockwise in four minuet steps
- 4 bars      Coda: Honor the Presence and honor partner

**Mount Hills**  
D, 2/2

**longways duple minor**

**Playford 1701**

- A1 1-4 1s cross and cast down one place as the 2s lead up  
5-8 1s half figure 8 up through the 2s
- A2 1-8 2s cross and cast down (1s lead up) and half figure 8 up through the 1s
- B1 1-2 1<sup>st</sup> corners change passing right shoulder  
3-4 2<sup>nd</sup> corners change passing right shoulder  
5-6 Circle 4 halfway  
7-8 All turn single
- B2 1-4 Partners dance a back-to-back  
5-8 Beginning with partner, dance 3 (quick) changes of a circular hey

Note: A skip-change step is suggested for the A section.

**The Physical Snob**  
9/8, F

**3-couple set (longways)**

**Unknown, c. 1800**  
Bentley interpretation

- A1 1-4 Women joining hands, W1 lead the other women counterclockwise around the (standing) men, back to places
- A2 1-4 Men joining hands, M1 lead the other men clockwise around the (standing) women, back to places
- B1 1-2 1s and 2s dance a half clockwise poussette (M1 and W2 moving forward to begin)  
3-4 1s and 3s dance a half counterclockwise poussette (W1 and M3 moving forward to begin)
- B2 1-2 1s and 3s dance another half counterclockwise poussette (“finishing” the figure they began in B1)  
3-4 1s and 2s dance a half clockwise poussette (W1 and M2 moving forward to begin). All end home.
- C1 1-4 1s cross and cast to 2<sup>nd</sup> place (2s lead up), then 1s cross and cast to 3<sup>rd</sup> place (3s move up)
- C2 1-4 1s lead up the center to the top of the set and cast down to 3<sup>rd</sup> place

Repeat 2 more times

**The Potter’s Wheel**  
9/8, D

**longways duple minor**

**Brooke Friendly & Chris Sackett 2009**

- A 1-4 Partners facing, dance 4 changes of rights & lefts  
5-8 1s turn by the right hand once-and-a-half to end facing W2 with M1 in the lead and W1 tucked in behind her partner
- B 1-4 1s dance a left shoulder “dolphin hey” with the 2s (1s dance in tandem, switching the lead each time they loop out of the hey)  
5-6 2s follow the curve of the hey to dance up the outside into 1<sup>st</sup> place AS the 1s, with M1 in the lead, dance down the middle of the set and curve out to own sides in 2<sup>nd</sup> place  
7-8 Partners right-hand turn once round

**The Punch Bowl**  
G, 3/2

**longways duple minor**

**Playford 1701**

- A1 1-2 1s cross and cast down AS 2s meet and lead up  
3-4 1s lead down through the next 2s below and cast back to 2<sup>nd</sup> place AS the 2s separate, move up the outside around the 1s leading down, and meet to lead back down through the center to 1<sup>st</sup> place  
5-8 Original 1s and 2s circle left halfway; 1s cast down as the 2s lead up
- A2 1-2 Repeat A1 with reversed roles: 2s cross and cast down AS 1s meet and lead up  
3-4 2s lead down through the next 1s below and cast back to 2<sup>nd</sup> place AS the 1s separate, move up the outside around the 2s leading down, and meet to lead back down through the center to 1<sup>st</sup> place  
5-8 Original 1s and 2s circle left halfway; 2s cast down as the 1s lead up
- B 1 1st corners (M2 & W1 in 1<sup>st</sup> corner positions) change (3 steps)  
2 2nd corners change (3 steps)  
3-4 Circle 4 left halfway  
5-8 1s cast down and 2-hand turn halfway AS the 2s 2-hand turn once-and-a-half while moving up

**Shandy Hall**  
6/8, G

**4-couple set (longways)**

**George Middleton 1977**

- A1 1-4 Top three couples circle 6 halfway around WHILE the bottom couple right-hand turns once around  
5-8 Bottom three couples circle 6 halfway around WHILE the top couple right-hand turns once around
- A2 1-4 Top three couples circle 6 halfway around WHILE the bottom couple right-hand turns once around  
5-8 Bottom three couples circle 6 halfway around WHILE the top couple right-hand turns once around. All end home and improper
- B1 1-2 1s and 2s right-hand star halfway  
3-4 1s and 3s left-hand star halfway  
5-6 1s and 4s right-hand star halfway  
7-8 All step right and honor partner
- B2 1-4 Partners left-shoulder back-to-back  
5-8 Partners set and turn single

Repeat 3 more times

**Wakefield Hunt**  
G, 6/8

**longways triple minor, triple progression**

**Thompson 1779**

- A1 1-8 M1 cast, M2 moving up. M1 set to and 2-hand turn W3, M1 ending in 2<sup>nd</sup> place  
A2 1-8 W1 does the same, setting to and turning M3  
B1 1-8 Circle 6 to the left and right (slipping step)  
B2 1-8 1s gate down through 3s and then gate up through the 2s  
C1 1-8 1s dance a right-hand star with the 3s and then a left-hand star with the 2s  
C2 1-8 1s and 3s dance 3 changes of rights & lefts. 1s cast down below the next couple, who move up to become 3s in the set above

Note: There is no “standing out” at the top; dancers immediately become active 1<sup>st</sup> couples upon arriving at the top of the set.

**Well Done, Jack**

**longways duple minor**

**Kynaston 1718**

2/2, A

- A1 1-4 Partners back-to-back  
5-8 Partners 2-hand turn once-and-a-half
- A2 1-4 Neighbors back-to-back  
5-8 Neighbors 2-hand turn once-and-a-half (all now progressed and improper)
- B1 1-4 Starting with partner, dance 2 changes of rights & lefts  
5-6 All set  
7-8 All change places with neighbor by pulling back right shoulder (M1 and W2 turn single moving down/up the center as M2 and W1 cast up/down the outside)
- B2 1-4 1s lead down through the couple below and cast back to progressed place  
5-8 All 2-hand turn partner once round

**The Young Widow**

**longways triple minor**

**Griffiths 1788**

6/8, G

- A1 1-8 1s and 2s dance a right-hand star and then a left-hand star
- A2 1-8 1s lead down the center, turn as a couple, lead up, and cast into 2<sup>nd</sup> place on opposite sides
- B1 1-4 Taking hands on the sides, all set twice
- B2 1-4 Circle 6 halfway; end with 1s on the sidelines and the 2s and 3s facing each other up and down inside the set
- C 1-4 2s and 3s set twice  
5-8 2s and 3s dance 2 changes of rights & lefts, beginning with neighbor