

2019 George Washington Ball Dance Instructions

Barham Down **longways duple minor IMPROPER** **Playford (11th Ed.) 1701**
D, 3/2

- A1 1-4 1st couple cast down and face down **while** 2s lead up and face up to meet new neighbors. New neighbors arm right once round on the side of the set, then partners left-hand turn halfway to change sides
- A2 1-4 Repeat A1, with 2nd couple (now above and improper) casting down while 1s (below and proper) lead up to begin (all end in original home places, 1s improper)
- B1 1-4 1st couple cross by the left and cast down (as 2s move up), 1st couple half-figure 8 up through the 2s, and finish between them in a line of 4 facing up
- B2 1-4 All lead up 3 steps, fall back 3 steps; 2s assist 1s in the middle to cast off to progressed places

Cockle Shells **longways duple minor** **Playford (11th Ed.) 1701**
Dm, 2/2

- A1 1-8 1st corners right-hand turn once round, then 1st couple left-hand turn once round
- A2 1-8 2nd corners left-hand turn once round, then 2nd couple right-hand turn once round
- B1 1-4 1st corners change places, then 2nd corners change places
5-8 Circle 4 left halfway, then 1s cast down as 2s move up
- B2 1-4 1st couple half figure 8 down through the couple below
5-8 1st couple 2-hand turn once and a half round

Dancing Across the Atlantic **longways duple minor** **Loretta Holtz 2005**
Am/A, 6/8

- A 1-8 1st man, followed by partner, dance a full figure 8 down around the 2nd couple, passing 2nd woman by the left shoulder to begin. 1s end in 1st place improper
9-16 2nd woman, followed by partner, dance a full figure 8 up around the 1st couple, passing 1st woman by the left shoulder to begin. 2s end in 2nd place improper
- B1 1 1st man and 2nd woman (in 2nd corner positions) join right hands on bar 1,
2 join left hands on bar 2,
3-4 and cross-hand-turn halfway to change places on bars 3-4
5-8 All back-to-back with partner along the sides
- B2 1-4 As in B1, but for 1st woman and 2nd man
5-8 All back-to-back with partners across the set

Emperor of the Moon
Bb, 2/2

longways duple minor

Playford 1690

- A1 1-4 Partners set and turn single, finish facing neighbor
5-8 Neighbors 2-hand turn once round, finish facing partner (inside hand still joined with neighbor)
- A2 1-4 With neighbor, go forward to meet partner, fall back, and then release hands
5-8 Set to partner, then 1st couple cast down (4 counts) as 2s lead up
- B1 1-4 2nd couple cross by the right and cast down while 1s lead up and turn out to face down
5-8 2nd couple half figure 8 up assisted by hand turns with the 1s (as the 2nd couple crosses up, men turn by the left hand and women turn by the right) End the turns facing partner (in original places: proper and unprogressed)
- B2 1-4 1st couple cross by the right and cast down while 2s lead up and turn out to face down
5-8 1st couple half figure 8 up assisted by hand turns with the 2s. End the turns facing partner (proper and progressed)

Fandango
D, 6/8

3-couple longways set

Thompson 1774

- A1 1-4 1st couple right-hand turn once round
5-8 1st couple cast to 2nd place, 2s moving up on bars 7-8
- A2 1-4 1st couple left-hand turn once round
5-8 1st couple cast to bottom place, 3s moving up on bars 7-8
- B1 1-8 Circle 6 to the left and back (slipping)
- B2 1-6 1st couple lead up the center to the top and cast down to middle place, 3s moving down
7-8 1st couple meet and turn single down and away
- A3 1-4 1st couple 2-hand turn 1st corners (M1 with W3, W1 with M2)
5-8 1st couple 2-hand turn partner in the center to face 2nd corners
- A4 1-4 1st couple 2-hand turn 2nd corners (M1 with W2, W1 with M3)
5-8 1st couple 2-hand turn partner in the center once and a half round (skipping and increasing speed of turn) to send W1 down and M1 up into . . .
- B1 1-8 M1 figure 8 up through 2nd couple, passing right shoulder with W2 to begin, while W1 figure 8 down through 3rd couple, passing right shoulder with M3 to begin (skipping)
- B2 1-6 1st couple pass partner by left shoulder in the center to dance a hey for 3 at the other end (skipping), W1 passing M2 left shoulder, M1 passing W3 left shoulder to begin
7-8 Finishing the heys, 1st couple lead down the center to the bottom as 3s loop wide to end in the middle; 2s end at the top

Repeat dance twice more

Honeysuckle Cottage
Bb, 3/4

longways duple minor IMPROPER

Gary Roodman 2003

- A 1-4 Women turn single and change places passing right shoulder
5-6 All face across the set for two changes of a circular hey (no hands)
7-8 All 2-hand turn halfway with person across the set (neighbor)
9-12 Men turn single and change places passing right shoulder
13-14 All face across the set for two changes of a circular hey (no hands)
15-16 All 2-hand turn halfway with person across the set (partner)
- B 1-4 With neighbor, fall back and come forward turning single into . . .
5-8 Right-hands across once around
9-12 With partner, balance forward and back with right hands joined and change places (as in "Duke of Kent's Waltz")
13-16 Partners right-shoulder back-to-back

Indian Princess
F, 2/2

circle mixer

Colin Hume 1982

- A1 1-4 Partners (facing each other along the circle) set and turn single
5-8 Partners pass by the right along the circle, 2-hand turn the next person once round to face partner (ending in partner's original place)
- A2 1-8 Repeat A1 from these positions (ending in original places)
- B1 1-8 Partners right-hand turn once round and left-hand turn once round
- B2 1-4 Partners dance back-to-back along the circle
5-8 Starting with partner, dance 3 changes of a grand chain along the circle to meet the fourth person (new partner)

The Introduction **4-couple longways set**
Am, 3/4

Fried deMetz Herman 1996

- A1 1-4 1st couple cast down two places, 2s and 3s individually sidestep up on bars 3-4
5-6 1st couple with bottom couple star right halfway
7-8 Middle (3rd and 4th) couples star left halfway
- A2 1-8 Repeat A1 with 2nd couple (in 1st place) leading. (2nd couple cast 2 places, 3s and 4s sidestep up on bars 3-4. Bottom two couples star right halfway; then middle two couples star left halfway)
- B1 1-4 Facing on the right diagonal, all cross right shoulder with the same gender-role dancer; then all cross left shoulder with the same gender-role dancer on the left diagonal
5-8 Repeat bars 1-4 (cross right on the right diagonal; cross left on the left diagonal)
- B2 1-8 1st couple (in 3rd place) lead to the top and cast to the bottom (6 bars), then crossed-hand turn once round (2 bars) WHILE the bottom couple sidestep up on bars 3-4 and then the top three couples cross-hand turn until proper (bars 5-8).

Repeat dance three more times

Jack's Health
6/8, Am

longways duple minor

Playford 1686

- A1 1-4 1st couple cross and cast down (2s moving up)
5-8 1st couple 2-hand turn once round (ending improper facing neighbor)
- A2 1-4 Neighbors back-to-back, end facing partner
5-8 Taking hands on the side, fall back a double and set
- B1 1-2 Come forward a double
3-4 "Cloverleaf" turn single (men turn left, women turn right)
5-8 Facing partner, begin four changes of rights & lefts
- B2 1-4 Finish the rights & lefts
5-8 Partners 2-hand turn to own side (2s turn once round, 1s turn once-and-a-half)

Key to the Cellar
3/2, Em

longways triple minor

Jenny Beer 2004

- A1 1-4 1st couple cast off (2s moving up); 1st couple gate down through the 3s
A2 1-4 Lines of 3 on the sides dance forward and back; 1st couple gate up through the 2s
B1 1-4 Heys across the set: M1 dances a left-shoulder hey with the 3rd couple WHILE
W1 dances a left-shoulder hey with the 2nd couple (man down, woman up)
- B2 1-2 1st couple (in 2nd place) right-shoulder gypsy once round
3-4 All 2-hand turn partner once round

Leather Lake House
4/4, A/D

longways triple minor

Bishop 1788

- A1 1-4 1st and 2nd couples set to partner, then dance two quick changes of a circular hey.
5-8 Repeat to places
- A2 1-4 1st couple cross by the right and cast down (2s moving up); 1s quickly 2-hand turn
halfway and face down
5-8 1s lead down through the 3rd couple and cast back to 2nd place on own sides
- B1 1-4 W1 going up to dance with the 2s and M1 going down to dance with the 3s, circle
3 to the left once round
5-8 All right-hand turn partner once round
- B2 1-4 Change ends and directions: W1 going down to dance with the 3s and M1 going
up to dance with the 2s, circle 3 to the right once round
5-8 All turn partner by the left once round

Minuet**1-couple****Gail & Lee Ticknor, interp.**

A simplification of "Minuet Ordinaire," attributed to Rameau

- 4 bars Introduction: Honor the Presence; Honor partner
 8 bars Facing Presence with inside hands joined, take two minuet steps forward and two steps to turn halfway (man backing up)
 8 bars Take two minuet steps forward (away from Presence), two to turn halfway and move to ends of "Z"
 8 bars Take one minuet step to the left along leg of "Z", two steps across diagonal of "Z" (passing partner by right shoulder), one step to the right along other leg of "Z"
 8 bars Retrace "Z" to starting position
 16 bars Right-hand turn 4 minuet steps; left-hand turn 4 minuet steps
 16 bars Repeat first figure: lead up, turn halfway, lead down, turn ending at ends of "Z"
 16 bars Repeat "Z" figure
 16 bars Two-hand turn clockwise 4 minuet steps and counterclockwise 4 minuet steps
 4 bars Coda: Honor Presence; Honor partner

Noisette**longways duple minor****Philippe Callens 2004**

Bb, 3/2

- A1 1-4 Women lead between the men and cast back to place
 5-6 W1 and M2 (in 2nd corner positions) cross by the right shoulder and turn right to face back in
 7-8 All cast over right shoulder to move clockwise single file once place around the minor set. All are now improper
 A2 1-4 Men lead between the women and cast back to place
 5-6 M1 and W2 (in 2nd corner positions) cross by the right shoulder and turn right to face back in
 7-8 All cast over right shoulder to move clockwise single file once place around the minor set to original places (W1 facing out) going into...
 B1 1-4 1st couple dance clockwise (right shoulder) all the way around neighbor and then one-quarter farther, to bring M1 into the center between the 2nd couple facing M2 and W1 on the outside of the set facing W2. (On bar 4, W2 turns about right to face out.) All are now in a line of 4 (in 2nd place) facing neighbor
 > M2 M1 W2 W1 <
 5-8 Right-shoulder straight hey for 4 halfway going into...
 B2 1-2 2nd couple dance clockwise (right shoulder) halfway around neighbor and then up the set to 1st place improper facing the ladies' wall. MEANWHILE, on bar 1 the 1s remain facing the ladies' wall, on bar 2 the 1s turn right to face the men's wall
 3-4 All move clockwise single file halfway around to original places facing partner
 5-6 All balance forward (3 counts) and back (3 counts)
 7-8 1st couple cast down as the 2s leads up

Orange Nan
F, 3/2

longways duple minor

Walsh 1713

- A1 1-2 Partners cross right-shoulder and turn right to face back into set
3-4 M1 and W2 (in 2nd corner positions) cross right-shoulder and turn right to face partner on the side
- A2 1-2 Partners cross right-shoulder and turn right to face back into set
3-4 M2 and W1 (in 2nd corner positions) cross right-shoulder and turn right to face neighbor on the side (all now home)
- B1 1-4 Neighbors dance back-to-back
5-8 Beginning with partner, dance 4 changes of rights and lefts
- B2 1-2 1s cross and cast as 2s meet and lead up
3-4 2s cross and cast as 1s meet and lead up
5-6 1s cast down into 2nd place as 2s meet and lead up into 1st place
7-8 Partners 2-hand turn halfway

The Pursuit
Em, 2/2

longways duple minor

Dancing Master 1713

- A1 1-8 M1 hey with the women (passing W2 by the right shoulder to begin). At the end of the hey, M1 returns through his own place and goes behind M2 to 2nd place (as M2 moves up)
- A2 1-8 W1 hey with the men, then return through her own place ending going behind W2 into 2nd place (as W2 moves up)
- B1 1-8 1st couple lead down through the next 2nd couple below and cast back **while** 2nd couple dances up the outside and leads down. All 2-hand turn partner once round.
- B2 1-8 1st couple dance a figure 8 through the 2nd couple above.

Note: A double figure 8 is optional in B2.

The Ragg
D, 6/8

longways duple minor

Neal 1726

- A1 1-8 1st couple cross and cast (2s moving up); 1st couple 2-hand turn once and a half round to end proper
- A2 1-8 2nd couple cross and cast (1s moving up); 2nd couple 2-hand turn once and a half round to end proper
- B1 1-8 All dance right hands across and left hands across
- B2 1-4 Facing partner, all set twice
5-8 Beginning with partner dance 3 changes of a circular hey

Soldier's Joy
D, 2/2

longways duple minor

Wilcox 1793

- A1 1-8 1st couple cast off to go down the outside and then dance up the outside back to place
A2 1-8 1st and 2nd couples dance a full clockwise poussette
B1 1-4 1st couple allemande* right once and a half round WHILE the 2nd couple allemande right once round
5-8 1st couple cast off on partner's side and cross to own side WHILE the 2nd couple moves up dancing an allemande left
B2 1-8 Dance 4 changes of rights and lefts

* Here, the allemande right turn is danced with one's left hand placed behind own back, right arm linked with partner's right arm, and with right hand holding partner's left hand behind partner's back. The allemande left turn is the reverse.

St. Margaret's Hill
3/2, Gm

longways 3-couple set

Playford 1713

- A 1-4 1s cast off into 2nd place (2s moving up), 1s right-hand turn 3/4 and fall back to form lines across the set, W1 between 2s, M1 between 3s
5-8 Lines fall back and come forward, circle 6 to the left halfway
B1 1-8 M1 turn W3 (on his right) by the right hand WHILE W1 turns M2 (on her right) by the right hand. 1s turn partner by the left 3/4 in the center to end facing down (improper). 1s lead down through 2s and cast up to middle place. 1s right-hand turn halfway and, releasing hands, pull right shoulder back 1/4 to face person to the right
B2 1-8 M1 turn W2 by the left hand WHILE W1 turns M3 by the left hand. 1s turn partner 3/4 by the right in the center to end facing up (improper). 1s lead up through the 3s and cast to the middle. All left-hand turn partner halfway to place

Repeat dance twice more

Six for the Six Proud Walkers longways duple minor IMPROPER
D, 2/2

Fried de Metz
Herman 1994

- A1 1-2 Circle 4 left halfway
3-4 Neighbors fall back (inside hands joined)
5-8 1st couple gate up through the 2nd couple
A2 1-4 Circle 4 left halfway and neighbors fall back (inside hands joined)
5-8 2nd couple gate up through the 1st couple. All are now home
B1 1-4 Beginning with partner, dance 2 changes of rights & lefts
5-8 Partners 2-hand turn once and a half round, end facing up
B2 1-8 Dance a double figure 8, 2nd couple casting down and 1st couple crossing up to begin.

Note: the choreographer specifies a skip-change or skipping step for the double figure 8

Turning by Threes**3-couple circle (mixer)****Gary Roodman 2003**

Bm, 3/4

- A 1-4 All circle left (2 bars) and turn single left (2 bars)
5-8 All circle right (2 bars) and turn single right (2 bars)
9-12 Partners back-to-back (2 bars over, 2 bars back)
13-16 Starting with partner, two quick (1 bar) changes of rights and lefts, then right-hand turn the third person, into . . .
- B 1-4 Men dance left-hands across once round
5-8 Women dance right-hands across once round
9-10 Men dance to the center with two single steps (step, close; step, close)
11-12 As men fall back, women dance to the center with two single steps
13-16 Women look over right shoulder and right-shoulder gypsy with this new man about 1 1/4 into the circle

Repeat twice more

Young Phillis of Wakefield**longways duple minor****Walsh 1715**

G, 2/2

- A1 1-8 1st couple lead down through the 2nd couple, cast up to place, and 2-hand turn once round
A2 1-8 2nd couple lead up through the 1st couple, cast down to place, and 2-hand turn once round
B1 1-8 Men lead between the women and cast back to place; men face each other, clap together-right-together-left, and change places with each other passing right shoulder
B2 1-8 Women lead between the men and cast back to place; women face each other, clap together-right-together-left, and change places passing right shoulder
C1 1-8 All star right and star left
C2 1-4 Partners dance back-to-back
5-6 Partners clap together-right-together-left
7-8 Cloverleaf turn single: 1s turn down and away, 2s turn up and away