

# 2018 George Washington Ball

## Dance Instructions

**Autumn in Amherst      longways duple minor IMPROPER      Philippe Callens 2002**  
2/2, D

- A      1-2      All step right and honor partner, then turn single left  
        3-6      Partners left-hand turn, then neighbors right-hand turn  
        7-8      Circle 4 to the left halfway and fall back on the side
- B      1-2      Ladies change by the right shoulder, then men pass by the left shoulder and approach partners, ready for . . .  
        3-4      Partners draw pousette counter-clockwise a little more than halfway (men move forward, ladies back up), ending in a line of four across the set (1s on the ladies' side facing up, 2s on the men's side facing down)  
        5-6      1s lead up a double and fall back as 2s lead down a double and fall back  
        7        All cast to the right back into the set, not overtaking partner (1s ending in 2<sup>nd</sup> place proper and 2s in 1<sup>st</sup> place improper)  
        8        Partners cross right shoulder and turn right to face each other in progressed positions

**Bar a Bar                      longways duple minor                      Playford 1710**  
2/2, Dm

- A1      1-2      Facing in on the diagonal, all advance and then turn single back to place  
        3-4      Circle 4 to the left once around
- A2      1-2      Neighbors lead out on the side and lead back to set lines  
        3-4      Partners back-to-back
- B      1-2      1<sup>st</sup> corners change passing right shoulders; 2<sup>nd</sup> corners change passing right shoulders  
        3-4      Women lead through the men and cast back  
        5-6      With nearer hand joined with partner, all face neighbor (1s face up and 2s face down) to lead forward and fall back  
        7-8      2s cast down as the 1s lead up (1 bar) and then partners 2-hand turn halfway  
        9-10      Dance a counterclockwise half pousette (W1 and M2 moving forward to begin)

**Bloomsberry Market              3-couple longways set                      Playford 1703**  
2/2, G

- A1      1-2      1<sup>st</sup> man right-hand turn 2<sup>nd</sup> woman once round; 1<sup>st</sup> man finishes by turning out over his left shoulder ready for . . .  
        3-4      1<sup>st</sup> man and 2<sup>nd</sup> man left-hand turn once and a half to change places  
        5-6      1<sup>st</sup> man and 3<sup>rd</sup> man right-hand turn once and a half to change places; 1<sup>st</sup> man end in 3<sup>rd</sup> place facing out  
        7-8      1<sup>st</sup> man dance up the outside back to place as 2<sup>nd</sup> and 3<sup>rd</sup> men dance down the middle back to places (turning over right shoulders)
- A2      1-2      1<sup>st</sup> woman left-hand turn 2<sup>nd</sup> man once round; 1<sup>st</sup> woman finishes by turning out over her right shoulder ready for . . .

- 3-4 1<sup>st</sup> woman and 2<sup>nd</sup> woman right-hand turn once and a half to change places  
 5-6 1<sup>st</sup> woman and 3<sup>rd</sup> woman left-hand turn once and a half to change places; 1<sup>st</sup> woman end in 3<sup>rd</sup> place facing out  
 7-8 1<sup>st</sup> woman dance up the outside back to place as 2<sup>nd</sup> and 3<sup>rd</sup> women dance down the middle back to places (turning over left shoulders)
- B1 1-4 2s start heys across at the ends: 2<sup>nd</sup> man dance a hey with the 3s (passing 3<sup>rd</sup> woman by the left to begin) as 2<sup>nd</sup> woman heys with the 1s (passing 1<sup>st</sup> man by the left to begin)  
 5-6 1s lead down through the 2s and cast back to place  
 7-8 All 2-hand turn partner once around
- B2 1-4 2s start heys across at the other ends: 2<sup>nd</sup> man hey with the 1s (passing 1<sup>st</sup> woman by the right to begin) as 2<sup>nd</sup> woman heys with the 3s (passing 3<sup>rd</sup> man by the right to begin)  
 5-6 1s cast to 3<sup>rd</sup> place as 2s and 3s meet and lead up  
 7-8 Partners 2-hand turn once around

**Bonny Cuckoo**                      **4-couple longways set**                      **Gail Ticknor 1985**  
 3/4, D

- A1 1-4 1s dance down the center below the 3s; 1s separate to go out the sides between the 3s and 4s and cast up one place (2s stepping up to the top)  
 5-8 1s cross with partner by the right hand, 1s change on the side with the 3s by the left hand
- A2 1-4 4s lead up the center above the 3s (in 2<sup>nd</sup> place); separate to go out the sides between the 2s and 3s, and cast down one place (1s stepping down to the bottom)  
 5-8 4s cross with partner by the right hand, 4s change on the side with the 3s by the left hand
- B1 1-4 All circle to the left (12 steps)  
 5-6 All balance in to the center and back  
 7-8 Women balance forward and back, moving one place to the right, WHILE Men balance back and forward, moving one place to the left
- B2 1-4 All circle to the right (12 steps)  
 5-6 All balance in to the center and back  
 7-8 All 2-hand turn partner to progressed places, ending proper (order: 2,3,4,1)

**Dublin Bay**                      **longways duple minor**                      **Playford 1710**  
 12/8, Cm

- A 1 1<sup>st</sup> woman sets advancing to her corner, as her partner (passing behind her) sets advancing to his corner  
 2-3 1s right-hand turn their corners once around, ending in 1<sup>st</sup> place improper  
 4-5 1s cross passing left shoulder, cast down, and come up between the 2s to face neighbors  
 6-7 Neighbors arm right, ending in a line of 4 facing down with the 1s in the middle
- B 1-2 Line of 4 fall back a double (up the hall) and lead forward a double (down the hall); all turn individually to face up in the line of four  
 3-4 Line of 4 fall back a double (down the hall) and lead up a double  
 5 2s gate the 1s up and around to progressed places

**Easter Morn**  
4/4, Cm

**longways duple minor**

**Erna Lynne Bogue 1994**

- A1 1-8 1s cast down one place as the 2s move up, 1s half figure 8 up through the 2s  
A2 1-8 1s dance a right-hand star with the couple below and then a left-hand star with the couple above (their original 2s)  
B1 1-4 Same 4 circle right once around  
5-8 2s gate the 1s up and around into progressed places  
B2 1-4 1s lead down through the couple below and cast back  
5-8 All 2-hand turn partner to end proper (1s turn 1½)

**First Lady**  
6/8, Bb

**longways duple minor**

**Fried de Metz Herman 1991**

- A1 1-4 1s half figure 8 through the 2s  
5-8 Dancers in the men's line (W1 and M2) half figure 8 through the women's line  
A2 1-4 Women (below the men) half figure 8 up through the men  
5-8 Dancers in the women's line (W1 and M1) half figure 8 through the men's line. (1s are now on the women's side, 2s are on the men's side)  
B1 1-4 Dance half an open ladies chain: women cross by the right hand as men move along the side into the ladies' places, then all left-hand turn opposite halfway and go into...  
5-8 Left-hand star once around  
B2 1-4 Partners dance half poussettes counterclockwise: 1s dance a half draw poussette as the 2s dance a half straight poussette. (Both men start moving backward.)  
5-6 1s cast down as the 2s lead up  
7-8 Partners 2-hand turn once around

Note: a skip-change step is recommended for the A section; in each half figure 8, the 1<sup>st</sup> lady goes first

**La Gavre**  
6/8, D

**longways duple minor IMPROPER**

**Trappeniers 1777**

- A 1-8 Dance right hands across and left hands across  
B 1-8 1s lead down the center, lead back to the top (skipping), and cast to 2<sup>nd</sup> place (2s moving up and turning away from each other to face out)  
C 1-4 1s split the 2s for mirror gypsies (M1 and W2 gypsy by the right as W1 and M2 gypsy by the left)  
5-8 Same pairs gypsy by the other shoulder  
D 1-4 All set forward to partner and turn single out to place  
5-8 Partners join right hands and "Bernard Bentley" allemande: partners raise joined arms and ladies move forward a double and back as the men dance clockwise around partner

**Hambleton's Round-O****longways triple minor****Playford 1713**

3/2, Cm

- A 1-6 1s cast to 2<sup>nd</sup> place (2s move up) and dance left shoulder heys for 3 across the set,  
1<sup>st</sup> man with the 3s and 1<sup>st</sup> woman with the 2s  
7-8 1s (in 2<sup>nd</sup> place) 2-hand turn once round
- B 1-2 1<sup>st</sup> woman and 2<sup>nd</sup> man change by the right shoulder; 1<sup>st</sup> man and 2<sup>nd</sup> woman change  
by the right shoulder  
3-4 1s and 2s circle 4 halfway and turn single
- C 1-4 Beginning with partner, 1s and 2s dance 4 changes of a circular hey

**Love's Triumph****3-couple longways set****Playford 1710**

2/2, Bb

- A1 1-4 1s and 2s set forward on the diagonal and turn single back to place  
5-8 1s and 2s circle left halfway and fall back to the sidelines
- A2 1-4 1s and 3s set forward on the diagonal and turn single back to place  
5-8 1s and 3s circle left halfway and fall back to the sidelines
- B1 1-2 1s cast up to 2<sup>nd</sup> place (3s leading down)  
3-6 All back to back with partner  
7-8 All turn single  
9-16 1s and 2s dance four changes of rights and lefts
- B2 1-4 1<sup>st</sup> couple turn neighbor on the right by the right 1¼ (W1 with M2, M1 with W3)  
5-8 1<sup>st</sup> couple left-hand turn ¾ the same neighbor's partner: W1 with W2, M1 with M3;  
1s end in the middle inside 2<sup>nd</sup> place improper facing up  
9-12 1s lead out the top and cast back to middle place  
13-14 1s lead to the bottom as 3s move up  
15-16 Partners left-hand turn halfway

**Minuet****1-couple****Gail & Lee Ticknor, interpretation**

A simplification of "Minuet Ordinaire," attributed to Rameau

- 4 bars Introduction: Honor the Presence; honor partner
- 8 bars With nearer hands joined throughout, take two minuet steps up and two minuet  
steps to turn halfway (man backing up, woman going forward) to face down
- 8 bars Take two minuet steps down and two minuet steps to turn (man backing up, woman  
going forward), releasing hands to face across at the ends of a "Z"
- 8 bars Take one minuet step along the leg of the "Z", two minuet steps across the diagonal  
(passing partner by right shoulder), and one minuet step along the other leg of the "Z"
- 8 bars Retrace the "Z" to starting position
- 16 bars Right-hand turn in four minuet steps; Left-hand turn in four minuet steps
- 16 bars Repeat the first figure: lead up, turn, lead back down, and turn ending at ends of "Z"
- 16 bars Repeat the "Z" figure, over and back
- 16 bars Turn with two-hands clockwise once round in four minuet steps and then turn  
with two-hands counter-clockwise in four minuet steps
- 4 bars Coda: Honor the Presence and honor partner

**Mulberry Garden**  
6/8, Dm

**longways duple minor**

**Playford 1670**

- A1 1-8 Partners lead up a double and back; repeat  
B1 1-8 Partners fall back (2 bars), advance to set lines (2 bars), and 2-hand turn once around  
A2 1-8 Partners back-to-back, then neighbors back-to-back  
B2 1-4 Circle 4 to the left halfway and 2-hand turn partner halfway  
5-8 2s cast off and lead up as the 1s lead up and cast off

**The Punch Bowl**  
G, 3/2

**longways duple minor**

**Playford 1701**

- A1 1-2 1s cross and cast down AS 2s meet and lead up  
3-4 1s lead down through the next 2s below and cast back to 2<sup>nd</sup> place AS the 2s separate, move up the outside around the 1s leading down, and meet to lead back down through the center to 1<sup>st</sup> place  
5-8 Original 1s & 2s circle left halfway; 1s cast down as the 2s lead up  
A2 1-2 Repeat A1 with reversed roles: 2s cross and cast down AS 1s meet and lead up  
3-4 2s lead down through the next 1s below and cast back to 2<sup>nd</sup> place AS the 1s separate, move up the outside around the 2s leading down, and meet to lead back down through the center to 1<sup>st</sup> place  
5-8 Original 1s and 2s circle left halfway; 2s cast down as the 1s lead up  
B 1 1st corners (M2 & W1) change (3 steps)  
2 2nd corners change (3 steps)  
3-4 Circle four left halfway  
5-8 1s cast down and 2-hand turn halfway AS the 2s 2-hand turn once-and-a-half while moving up

**Rakes of Rochester**  
2/4, A

**longways duple minor**

**Walsh 1748**

- A1 1-8 1<sup>st</sup> corners right-hand turn once around, then 1<sup>st</sup> couple left-hand turn once around  
A2 1-8 2<sup>nd</sup> corners left-hand turn once around, then 2<sup>nd</sup> couple right-hand turn once around  
B1 1-8 1s dance down the middle (2 bars), set to partner, dance up the middle, and cast off (2s moving up)  
B2 1-8 Dance four changes of rights and lefts

**Round About Our Coal Fire**  
9/8, C

**longways duple minor**

**Bride 1766**

- A1 1-4 1s lead down the center (1 bar), lead back to place, and cast off (2s moving up)  
A2 1-4 2s lead down the center (1 bar), lead back to place, and cast off (1s moving up)  
B1 1-4 2<sup>nd</sup> woman begin a hey with the 1s, passing left shoulder with M1 to begin  
B2 1-4 2<sup>nd</sup> man hey with the 1s, passing right shoulder with W1 to begin  
A3 1-4 1<sup>st</sup> woman advances diagonally towards the 2<sup>nd</sup> man, who falls back; 2<sup>nd</sup> man advances as 1<sup>st</sup> woman retires, and those two 2-hand turn once around

- A4 1-4 1<sup>st</sup> man advances towards the 2<sup>nd</sup> woman, who falls back; 2<sup>nd</sup> woman advances as 1<sup>st</sup> man retires; they 2-hand turn once around
- B3 1-4 1s cross and cast down as the 2s lead up; 1s 2-hand turn halfway and fall back into progressed places
- B4 1-4 Dance four changes of a circular hey

**St. Martin's Lane**

**longways triple minor**

**Dancing Master 1696**

2/2, Gm

- A1 1-8 1<sup>st</sup> man cast off (2<sup>nd</sup> man moving up) and 2-hand turn 3<sup>rd</sup> woman; 1<sup>st</sup> man dance up behind 2<sup>nd</sup> man back to place (2<sup>nd</sup> man moving down)
- A2 1-8 1<sup>st</sup> woman cast off (2<sup>nd</sup> woman moving up) and 2-hand turn 3<sup>rd</sup> man; 1<sup>st</sup> woman dance up behind 2<sup>nd</sup> woman back to place (2<sup>nd</sup> woman moving down)
- B 1-2 1s lead down to 2<sup>nd</sup> place (2s moving up the outside), ready for . . .
- 3-8 1s and 3s dance a double figure 8 (1s crossing down and 3s casting up to begin)
- 9-14 1s and 2s dance a double figure 8 (1s crossing up and 2s casting down to begin)
- 15-19 Partners 2-hand turn once around

**Sun Assembly**

**longways duple minor**

**Thompson 1757**

2/4, A

- A 1-8 Circle 4 to the left halfway and fall back on the side; 2s gate the 1s up and around
- 9-12 1s half figure 8 up through the 2s; 2s cross with partner after the 1s have crossed up (bars 11-12)
- 13-16 All set and turn single
- B 1-4 1s dance right-hands across with the couple below
- 5-8 1s dance left-hands across with original neighbors (above)
- 9-12 1s lead down through the couple below and cast back
- 13-16 Partners 2-hand turn once around

**Trip to Tintagel**

**longways duple minor**

**Jenna Simpson 2013**

2/2, C (The King's Reel)

- A1 1-4 All set; 1s cast off as the 2s lead up
- 5-8 All set; 2s cast off as the 1s lead up (1s staying close in the middle, ready for . . .)
- B1 1-4 1s fall back and come forward as the 2s come forward and fall back
- 5-8 1s cast off and lead up into the middle of a line of 4 facing up, WHILE the 2s meet, lead up, and cast onto the ends of the line
- A2 1-4 Line of 4 lead up a double, then fall back bending the line in on itself to swing the 2s into the center of a line of 4 facing down
- 5-8 Line of 4 lead down a double, fall back bending the line into a circle
- B2 1-8 Circle to the left and right (slipping step, if possible)

**Trip to Town-O**  
9/8, D

**Sicilian circle**

**Brooke Friendly and  
Chris Sackett 2005**

- A1 1-3 Right hand star once round  
4 Turn single left  
A2 1-3 Left hand star once round  
4 Turn single right  
B1 1-2 Opposites right-hand turn once round  
3-4 Partners left-hand turn once round  
B2 1-2 Partners lead forward and back  
3-4 Pass through by the right shoulder to meet a new couple

**Trip to Tunbridge**  
2/4, Em

**3-couple longways set**

**Preston 1793**

- A1 1-8 1s cast down to the bottom of the set, "take a peek," and cast back to the top  
A2 1-8 1s lead down the center (1-4), skip back to the top and cast off into 2<sup>nd</sup> place (as 2s move up on bars 7-8)  
B1 1-4 1s pass right shoulder to right-hand turn 1<sup>st</sup> corner (M1 with W3, W1 with M2)  
5-8 1s pass right shoulder in the middle to right-hand turn 2<sup>nd</sup> corner (M1 with W2, W1 with M3); 1s pass by the right shoulder to face out on own side (as 2s and 3s face out)  
B2 1-4 Lines lead out on the sides and fall back, then all turn around abruptly to face partners  
5-8 2s 2-hand turn at the top WHILE 1s and 3s quick 2-hand turn with partner and the 1s cast to the bottom as the 3s lead up

**Volpony**  
3/4, G

**longways duple minor**

**Walsh 1712**

- A1 1-4 Taking hands in a ring, all step-set left and right; circle 4 to the left halfway  
5-8 Keeping hands in a ring, all step-set right and left; circle 4 to the right halfway  
A2 1-4 1s cast to 2<sup>nd</sup> place (2s moving up); 1s 2-hand turn once around  
5-8 2s cast to 2<sup>nd</sup> place (1s moving up); 2s 2-hand turn once around  
B1 1-2 Partners back-to-back (brisk)  
3-6 Starting with neighbor, dance four changes of a circular hey  
7-8 1s cast to 2<sup>nd</sup> place as the 2s move up  
B2 1-4 1s dance a full figure 8 up through the 2s  
5-8 1s dance a symmetrical back to back with the couple below, 1s dancing through the center and 2s up the outside to begin